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Razavi Holly Shrine

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Highlights

Addis Ababa University

Voluntary HIV Counseling and Testing

Discovering Thoughts, Inventing Future

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The Tranvieri Gym Young Immigrant Boxers in the Neighborhood Bolognina

By Giuseppe Scandurra
University of Ferrara

Abstract- The paper describes the social organization of boxing gym "Tranvieri", located in Bolognina, a working class neighbourhood in the city of Bologna which has been rapidly changing over the last twenty years due to the closing of factories and the arrival of immigrants, especially from Maghreb. The gym population has changed accordingly: currently about two thirds of those attending the gym as a leisure centre are children of immigrants. I studied the practices of everyday life by these young boxers born in Italy but without citizenship who daily frequent this gym once finished vocational school, work, family responsibilities. Boxing is for them not a solution to the frustration inflicted by a social world they perceive as indifferent if not hostile towards them, rather the possibility of not being represented in it as excluded people.

Keywords: *urban space; boxing; young immigrants; neighborhood; ethnography.*

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Giuseppe Scandurra

Abstract- The paper describes the social organization of boxing gym "Tranvieri", located in Bolognina, a working class neighbourhood in the city of Bologna which has been rapidly changing over the last twenty years due to the closing of factories and the arrival of immigrants, especially from Maghreb. The gym population has changed accordingly: currently about two thirds of those attending the gym as a leisure centre are children of immigrants. I studied the practices of everyday life by these young boxers born in Italy but without citizenship who daily frequent this gym once finished vocational school, work, family responsibilities. Boxing is for them not a solution to the frustration inflicted by a social world they perceive as indifferent if not hostile towards them, rather the possibility of not being represented in it as excluded people.

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I. Introduction

This paper aims at inquiring the practices of everyday life by a group of young men who spend a significant part of their week, once they have finished school and family commitments and work, at the "Tranvieri", a gym in Bolognina, a district of the first outskirts of Bologna.

Along with fellow anthropologist Fulvia Antonelli I stepped in this gym for the first time in February 2007 (Antonelli & Scandurra, 2008, 2010) after having conducted from January 2006 to January 2007, along with a group of colleagues, a social investigation on the territory Bolognina (Piano B, 2008) in order to describe the profound changes that have affected this area after the closure of the metalworking factories at the end of the eighties and the arrival of numerous immigrants. This gym represents fifty years of boxing history in Bologna – it was opened in 1950 – as well as a major place of the culture of leisure in one of the territories most popular in the city. (Circolo Dozza ATC, 2005).

Tranvieri was set up shortly after the end of the Second World War. Since it started its activity it has not changed much: despite having moved from the basement of a local circle of tram drivers to just a few hundred meters far away, the boxing society Bolognina maintains the characteristics of a working men's club. The gym is not very big and, when active and crowded, it barely manages to host the group of training boxers. The entrance is in a side alley of the road connecting the main square of Bolognina to the fairground and is scarcely visible, if not for a sign that indicates its presence.

a) Young immigrants

The overall objective of this paper is to investigate the transformations of Bologna through the analysis of games, sports and physical recreation for children of foreign origin. Focusing on a specific place, a boxing gym, my goal is to inquire the practices of a group of boys who, on a non-professional basis and, in the majority of cases, just to pass their free time, share the physical space of a boxing gym. Most of the Tranvieri's boxers today are young men of foreign origin, mostly Moroccans. Studying their practices of everyday life, between February 2007 and February 2010, we were able to investigate problems, needs, hopes of a "second generation" of immigrants: almost all of them arrived in Italy as children and attended school here. (Scandurra & Antonelli, 2010).

The physical education they receive by learning how to box translates into practices and embedded knowledge that give relevance to their daily lives through a continuous production and reproduction of meaning and meanings that have value outside of that sport space. Knowledge that affects the way in which they build their identity as citizens and that is relevant to their citizenship.

While in the last thirty years in Italy there has been a growing interest, even in the context of research in social sciences, for the younger generation and their relationship with the urban space, especially with regard to the "young foreigners" (Zoletto, 2010), however this interest is mostly related to cultural identity and migration legacy, social inclusion or exclusion in the sphere of education and/or employment or some fundamental aspects of formal citizenship. Minor importance has been given to the analysis of their spare time and of the formal and informal places devoted to play seen as environments where a corporeality is built and consequently the boundaries of a multicultural citizenship are defined.

Sport seen as a way to spend their leisure time by a group of young people of foreign origin, is commonly regarded as a minor issue, a "safety valve" for a society such as Italian society, more and more flattened on a hyper-productive conception of life. Still, the sense that the "inhabitants" of these local gyms give

Author: University of Ferrara. e-mail: giuseppe.scandurra@unife.it

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to sport is not reducible to a simple physical activity. How do you become a boxer or, more simply, a gym-goer? How is produced and reproduced a body knowledge in this physical space? Is it mere knowledge of the body or is it a knowledge that through the body becomes a means of belonging to a "community"?

A boxing gym, designed as an area for recreation, physical and mental wellbeing and socialization through the exercise of a sport, must be placed within a broader reflection on the relationship between body and space and on the role that should be given to corporeality in the urban space. There are such bodies indeed which are considered the "natural" occupants of specific urban spaces and others that are considered "out of place" as soon as they become visible in places that were not meant for them. (Satta & Scandurra, 2104)

In an innovative cross between urban studies, immigration, social studies of youth and childhood, this paper aims to focus attention on the link between sport and urban areas, between bodies and cities, between differences and socio-spatial order in Italian cities, within the specific literature of leisure studies. (Huizinga 1938; Holloway & Valentine, 2000; Dick, 2003; Coleman & Kohn, 2007; Stevens, 2007; Sugden, 2007; Rojek, 2009)

b) The old boxers

> We did in Bologna two meetings a week, on Monday and Friday at the Paladozza, the sport palace of boxing... and the audience was huge. When have you ever seen at the port palace eight thousand people who go to see a boxing match? Let's say that memories are beautiful because it was another life, another sport. (Albano)[1].

With this words Albano, who directed the gym for years, remembers the 50s, the 60s and the 70s, the "golden years" of boxing when Bologna was the capital of boxing in Italy. Almost all the people I interviewed and who have lived these matches as direct protagonists or as mere spectators described me this period as unrepeatable because boxers were "brave" and "heroic".[2]

Today other boxers fight in the gym, almost all of foreign origin, who did not experience that period, the golden years. The stories of the boxers of today bring out the problems and the real difficulties that a career in this sport involves and deconstruct the myth of boxing lasted until the end of the Seventies. (Oates, 1987; Philonenko, 1991; Quercioli, 1994).

It is no coincidence that in the gym the boxers of the past continue to train at the same place where they started their careers. This place for the "veterans" of Tranvieri, located precisely between the ring and the benches, is an institutional strategic place because from this angle you can have a full view of everything that goes in the gym. That is the place where stories are told, where the memory of the gym is passed on to new members. (Figure 1)

Ernesto, a former amateur boxer, is one of the most respected members of the gym by virtue of his daily presence there since more than forty years. He is the one who can afford to represent the world of boxing in other ways then the "official" one, because his loyalty to the history of boxing and gym is indisputable. Like him, other former boxers of the golden age as Dante were willing to tell us even the dark side of boxing and the difficulties they encountered in their professional careers: the unfair defeats, the combined meetings, the power of the sponsors (De Franco, 2006). Often emerges in these stories the "hunger" of men, who, in those glorious years, practiced boxing to gain something: buy a motorcycle, hanging out with the girls on Saturday night, purchase fashionable clothes.

> I think I was a good amateur boxer [...]. My sport was motorcycling [...]. My friends and I wanted to be like Marlon Brando in "On the Waterfront". But racing bikes it takes money [...], and I put all the money I took from boxing on racing. Once they called me on Friday to make a boxing match on Saturday night and I hadn't been in the gym for six months because I had had a motorcycle accident and I broke a couple of ribs. I agreed to do it because you took money. Then finally I stopped both racing and boxing. I stopped boxing because I was to let others win. It is obvious that they always called me with people who were much more trained than me. One who called me on Friday to make a match on Saturday, he had to give me a lot of money in those conditions [...]. In the factory I took about 75 thousand lire a month when I became qualified, and for this match they offered me 300 thousand dollars. I did it for money, but then I got bored of taking blows. (Dante)

The gym has helped many boxers as Dante to leave the street, as many former boxers often have said to me: that is fights, thefts and clashes between gangs.

> The gym... I started in the '60. I was nineteen years old. The gym gave you a certain discipline and kept you from street fights. In the gym I vented with the others! I wasn't a bully, only 70% of the young boys of Bolognina spent their time fighting in the street. (Ernesto).

c) The young boxers

If we compare the words of Albano, Dante and Ernesto with those of the protagonists of our study, the reasons that prompted them to train in the gym are not dissimilar. The boxers of today are young people from twelve to twenty-five who partly are attending vocational

[1] For privacy reasons all the names listed in this paper do not correspond to the real ones.

[2] Almost all the old boxers of the gym emigrated from South Italy to North after the Second World War to find a job in the local factories.

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schools and partly are struggling with their first experiences in working world. Many of them live in the neighborhood and here spend much of their free time. In their stories the entrance to Tranvieri emerges as random choice, but when we questioned about their deepest motivations they always responded they needed to vent, to self-discipline or to socialize.

> I'm just nineteen years old; I started about one year and a half ago. I started because I had some problems at home and the only place where I was at ease was the gym […]. I made this choice because instead of going around to bully I decided to come to the gym with initially no intention of fighting. (Anuar)

> That's why I started going to the gym. The main reason was the discussions between my mother and my father... I went out and I vented outside, on the street... I hated smoking, drinking, dancing outside on Saturday and Sunday and so... (Kalhed)

The stories of young boxers as Anuar and Kalhed, both sons of Moroccans citizens come to Italy more than ten years ago, are full of references to tensions in the family, in the school environment, in the work place, all places where most of them had to learn the meaning of the word "failure". The practices of everyday life by Anuar and Kalhed are the same of their other gym mates born in Italy but without citizenship. (Figure 2)

This guys went to the gym because it allows them to feel respected, to prove their worth, to prove strong without the burden of self-destruction that the affirmation of itself in aggressive forms produce in other contexts, as it emerges clearly from an interview with another boxer of Moroccan origin, Samir:

> Once a guy told me "fuck off" and I threw a table on him, and I broke his back. I did not something like that. This guy always told me: "You're a Moroccan, go back to your country." They wanted to suspend me from school but I had never done anything and I was not punished. (Samir)

Vocational schools of Bolognina frequented by Samir, Kalhed, Anuar represent places of humiliation. Most of these young boxers regard the schools of the district as total institutions where, more than acquire knowledge, they learn only the awareness of their subalternity. (Sayad, 1999; Giacalone, 2002; Guerzoni & Riccio, 2009)

> I liked to go at school. My father ruined me because he said I wasn't good enough to go to proper school. He sent me to vocational school and I really hated this school. I hated mechanics; I hated becoming an electrician [...]. I wondered why you must always be compelled to become a carpenter or an electrician […]. I wanted to be a lawyer? (Kalhed)

The majority of the boxers protagonists of research came from stories of forced migration, economic hardships, social insecurity and daily life where the common meeting places are courtyards, abandoned basketball and football playgrounds, more generally the big streets of the neighborhood, as Erzan, a young boxer of Albanian origin told me:

> In boxing gyms you can not find one rich, because it is people who must have be nasty […]. In the gym you see poor people, myself, for example, people who are bad, who know what it means to live in the street, what it means to beat each other on the street, people who box to prevent themselves from fighting in the street [...]. There were two friends of mine who have been in the prison. Then one came here with me. This guy was a beast and he said me: "I want to make money fast." I told him: "Listen to me, be careful!", and he said me: "No, I'm going now to steal a car, then steal in a store" [...]. I grew up with him… with him I started boxing. (Erzan)

The gym for these guys is not different from other places of spatial segregation that characterizes certain areas of this suburb. What distinguishes these guys from their mates, vocational schools mates for example, almost all born in Italy but children of North Africans people, is the pursuit of self-control, of discipline, expressed doing boxing. Boxing gym for these kids is not a solution to the frustration from a social world they perceive indifferent if not hostile towards them, rather the possibility of not being represented in it as excluded people. (Grillo & Pratt, 2002; Queirolo Palmas, 2006)

d) Saturday and Sunday

The gym includes two rooms. The first, intended for training, contains a twelve-string ring positioned in front of the entry: tools – bags, speedball, punching bag, headboards, benches, scales, racks for storing weights, exercise bikes – are distributed all along the walls of this first room. In the middle of the room lies a space that ends with a large mirror on the wall, where boxers are trained on the blow technique, interrupted by two sacks and a suspended pear. The second room is much smaller and is used as a men's locker room. For women there are no lockers. (Fox, 2001; D'Aguanno & Montesi, 2006)

The gym is open from Monday to Friday from 17:30 until 20:30, but, in fact, opens its doors also outside official hours. The very young gym-goers, for example, arrive at the gym at 17:30 earlier than the masters themselves: Ernesto opens the Tranvieri before the training hours in order to put the weights and all the tools, repair damaged cords, place the unpaired gloves. The young boxers demonstrate, by helping Ernesto in

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these maintenance work, the relationship of trust that binds the "old" members and the new one, which is independent from the relationship they have with the two coaches of the gym, Tito and Sante. Boxers who go to the gym straight from work, which have a longer boxing experience behind them, arrive later instead and stay well beyond the official closing time: the long, hot shower after training, the gossip and jokes in the locker room are a way to ease the tension after the fatigue of school, work, the gloves and the ring.

The Tranvieri is always open over the year: apart from a short summer break in August and some holidays, the courses have a duration that goes well beyond that of traditional gyms. Even in these times of formal closure, however, as well as on Saturdays and Sundays, when the coaches do not work if not during periods of intensive training, the gym continues to be a gathering place daily.

> Oh my God, but do you have in your mind what an African mother is? They're crazy, completely off their head!... go at your friens to ring the bell and the third degree starts: she starts screaming that her son is never at home... no, no, we prefer give us an appointment at the gym or somewhere else! (Marcel, boxer minor of Cameroonian origin)

Ernesto, who holds the keys, opens on Saturday afternoon a little before and allows children who live in the district to train. Often, in these situations, younger brothers and friends who have never entered the gym join young boxers. On Sunday morning, also, the gym becomes an "illegal" soccer field.

> We play but please don't go and tell it around. Samir, for example, plays soccer, Anuar plays soccer and so his brother Kalhed, they are very good. Look at how many Moroccans play in A Series, there are many. Rather they should play more in our teams, they are good. But be careful, if someone gets hurt while playing here, it is a mess; on Sunday you're not insured, of course. However, come if you like (Ernesto when I asked him if I could go to play soccer with the other boxers in the gym on Sundays)

In these occasions, when Italian coaches are not there and the boys led by Ernesto are in charge of management, the prevalence of guys of North African origin becomes blatant. (Valeri, 2006)

On Saturday afternoons and Sunday mornings a hybrid language, between Arabic and Bolognese dialect is spoken in the gym, while the repeated cohabitation in this narrow space of veterans, young boxers and the boys of Bolognina allows them to insult and banter often resorting to stereotypes that in another context, such as the weekly training, would be considered racist.

> There's no way, you're just an Arab… do you really have to bugger around for a penalty up to this point? (Ernesto, in one of his verbal exchanges during a play)

The weekend games are also opportunities for new boxers recruitment, because most of these guys around sixteen then join the Tranvieri: when they join the gym many of them have already entered into this space, used the showers, learned how to use the tools, only they have never seen a coach (Turner, 1967; Roets, Vandenabeele & Bouverne-De Bie, 2012). Tito and Sante are aware that the gym it is open on Saturday and Sunday, but turn a blind eye, being also aware that the Tranvieri is also an agency of socialization for the kids in the neighbourhood.

e) Cultural Intimacy

The Tranvieri can be described as a group of heterogeneous people who share, on a daily basis and for several hours in the afternoon and evening, rules, bans, standards of behaviour, a way of perceiving time and space. By studying the social organization of the gym it is legitimate to speak of «cultural intimacy» (Herzfeld, 1997).

> If you stay in the gym for one day, three months, one year, you know that he also wants to get what you want to get and then you seek to help him. Help him on how to pull the blow, on how to behave in the ring. There are no different nationalities in the gym, most of people are foreigners and there have never been trouble, we always help each other. (Anuar)

Estimation and encouragement by the gym fellows, as well as the fact of training in a group, are elements that strongly influence a boxer's performance, because the individual psychological factor – consisting of perseverance, determination, self-confidence, coldness in the ring – is strengthened or weakened by the group that on a daily basis attends the gym: if his teammates do not consider him "a good one", it is unlikely that a boxer will be able to step into the ring, even holding sufficient physical qualities. (Beattie 1996; Heiskanen 2006).

The exercise of sparring, or the combat simulation that takes place between boxers in the gym, is a decisive moment for the boxer who aspires to enter the ring in regular competition. Sparring plays at the same time a role of socialization since it often is followed by moments of confession and confidence in order to defuse the aggression exhibited on the square (Wacquant, 2000). The relations between boxers sometimes are formed through this sport. (Figure 3)

Each boxer has his own ideal sparring partner. On the ring, with Sante and Tito giving advice at the opposite corners of the square, sparring for the guys of Tranvieri is a baptism, a «rite of passage» (Wacquant,

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2000; Crossley 2001; Faure, 2004; Roberts, 2006). When Tito calls two boxers sparring means to do that he is focusing on them, he's going to make them fight. Or, if it is their first sparring, it means that the two boxers are destined to enter the main group of Tranvieri's athlete, and will prepare to fight.

Obviously the "pairs" are formed mainly on the basis of practical reasons. This is because not all guys the same hours of training, and if you do not take at least some boxer to do sparring, a gym can be a great environment in which to train, but do not form a context where boxers will become champions. Tito and Sante, for example, in their constant search for a great boxer, know they must focus on a novice boxer selecting new members every day, continuing to put the mirror in front of those who make less progress and gradually approaching the square of the most promising.

The ideal sparring partner when there is not much difference in weight is often a person who knows the boxer, one he trusts even outside the gym. Studying how the boxers find their partners within the Tranvieri made me realize also the relationships between the guys out of the gym involved in research. Obviously, leaving the gym, observing the practices of everyday life of these boxers once they stopped wearing the clothes of the streetcar, I could, reciprocally, understand how and why they formed pairs inside the gym. (Figure 4)

Some friends and acquaintances who then determine the formation of subgroups in the locker room, can be explained however by virtue of living in the same territory, as in the case of Samir, Anuar and Kalhed, neighbours and close for a period of time even roommates.

The road and the ring are interdependent in shaping the group of athletes who fights for boxing company Bolognina. Sharing the space of the gym, do sparring as we have seen, means building a relationship with each other (Mauss, 1936), the street often has the role to strengthen, or completely reverse these connection so that there is still more affinity in the gym between boxers or, conversely, a revision of the couples chosen by the two coaches.

One of the most interesting explanations of the link between street culture and the gym was provided to us by one of the coaches of Tranvieri, Sante. At the end of a meeting organized by Tranvieri during the final stages of the research, a sport reporter nostalgic of the great local boxers of the '50s and '60s asked the coach to organize collective vision in the gym of the most significant matches of old boxers of Bologna.

> I think it is wrong to consider Anuar or Yassine as Benvenuti [great boxing champion Italian, n.d.a.] because I think that every boxer needs to be himself, to find his way to boxing. For example, Anuar's blows are natural, they can from his experience on the road. This way of boxing will never be taken away from him and we can slowly teach him how to transform that blow in a proper hook. You can force him to shoot straight at a distance, but as soon as he will hit the ring, and be provoked, he will fight to defend himself in his peculiar manner. I believe my task as a coach is to adapt box to the natural qualities and personality of a kid, because if you take his features from him, he is not the same boxer anymore. They are not all the same; there is not a unique way of boxing that fits everybody. A good coach is like a tailor, who sews a dress suitable for every guy, enhancing their features. I want Anuar to become a good boxer remaining himself. If you take that from him you've taken everything. If you teach them to employ strength as well as their character they will know how to behave on the ring and in life as well, as boxers and as men.

f) Generation gap

Once established certain relationships of trust with a group of young boxers I began to get out of the gym with them. The relation ring/street is decisive for the gym. Tito is aware of how his gym draws the top boxers, such as Erzan, Khaled, Anuar or Samir, from the street. If once Tito could count on many workers, almost all Italians, who worked in the factories of Bolognina today the gym depends more and more, in terms of athletic achievements, on a group of young people of foreign origin who live a few hundred meters away from the gym.

When I asked Ernesto to describe his old gym mates, their life stories were not dissimilar to those of the current boxers of Tranvieri. Words such as "street", "punches", family issues and difficulties to integrate into the territory often return in the speeches of Ernesto as in those as Kalhed, Anuar, Samir or Erzan.

Bolognina, in the early years after the Second World War, was, for a twenty-somethings like Dante, Ernesto and Albano a territory to explore. Their parents, like those of Anuar, could not control them after school. Many old boxers, in a similar way as Kalhed told me, formed in these years "bands" of young boys which spent their time playing in backyards, parks, public squares of the quarter.

Artemio, for example, recalls how after the Second World War he often heard his mother called "Sicilian" or "Moroccan". Once the former boxer confessed to me how he felt compelled to engage in fight with some bolognese guy who joked about his southern origin. At the base of the only violent reaction he has had in his young life outside the ring, Samir, as we saw earlier, there was precisely the accusation of being a "Moroccan shit".

Despite all these similarities, so deep in the practices of everyday life, in the relationship with the territory, in the way they invest on boxing career, in the

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difficult relationship with school and family, the boxers of the old Tranvieri don't identify with the new generation of boxers who train at the gym now.

> I feel nostalgic of the times when I lived in Bolognina. I remember that at midnight we went to take newspapers at the central station, now everything has changed. I've never been afraid of being robbed. Now via Barbieri - one of the streets of Bolognina mostly inhabited by immigrants, mostly North Africans [n.d.a.] - has changed completely. (Dante)

II. Conclusions

In recent years, municipal authority has decided to rebuild on the ashes of the old factories engineering centres and business activities related to the tertiary sector. All typical jobs in the manufacturing sector deteriorated in the new service economy, where, how often Anuar told me, "You have to tolerate racist acts by the boss if you want to keep your work place". All the jobs accessible to immigrants do not warrant economic security or opportunities to rise. (Kats, 1990; Farmer, 2003) (Figures 5 e 6)

The gym, for some boxers as Erzan, often appears as the only hope because it is still a place where to build social capital and make friends, when, despite working for many years, they have never been able to make friends with their work colleagues.

Scholar Asher Colombo, for example, in studying the career paths of a group of Algerian immigrants comparing the current working reality in Milan to the French industrial one lasted until the end of the Seventies, bringing in his text reflections on the working world of French historians such as Dubet and Lapeyronnie:

> In a society organized around industry, immigrants found slowly their place in working world. Gradually, they were inscribed in the trade union struggles, shared the class-consciousness of their fellow workers and abandoned the status of immigrants. Their integration was the integration into the French republican. Working class and socialist suburbs were a powerful tool for integration of immigrants, internal migrants and foreigners. Thanks to workers, trade unions and the working-class community, the socialist suburbs could absorb the new populations. Their decline was the decline of this integration tool. The immigration problem is the consequence of this decomposition. (Colombo, 1998, p. 92)

Bolognina is not a ghetto or a suburb, but today is characterized by the growth of the industry based on information technology, the fragmentation of the labour, the transformation of public welfare at all municipal levels, all processes that have hit the African-American ghettos as well as French *banlieues*. With the closure of the factories the local labour market is increasingly marginalizing young immigrants who, in some areas of the country, are up to 25% of the total resident population, relegating people like Anuar on the edge of the service economy. (Wirth, 1928; Holston & Appadurai, 1999; Fava, 2008).

From the stories of Kalhed and Erzan emerges the existence of niches of unskilled service sector where they are hired without a contract. Samir told me more than once about vocational schools of the territory where he studied in differential classes for immigrants – the same schools that, years before, Artemio and others old boxers had attended successfully becoming specialized workers. (Figures 7 and 8)

If we assume as an imperative of ethnographic research to «reconstruct the meaning» that certain social practices play from the point of view of those who are involved (Bourgois, 1996) it is evident that every guy react differently to these objective transformations that more and more are narrowing the range of possibilities that the protagonists of research have in front of them. The gym itself is perceived by some of them as only refuge, by others as a place where to find "revenge". (Wacquant, 2004)

If Artemio and Dante found in the factory economic opportunity along with the chance to gain respect and dignity through work, Kalhed, Anuar and the big part of the protagonists of this research are aware that if they want to survive they have to suffer every day the injustices inflicted by their Italian colleagues. (Foot White, 1943)

Meanwhile, Bolognina is more and more undergoing of a radical process of gentrification. Years ago we asked the current mayor of Bologna the following question: "How do you regard the development of this suburb?" He answered: "It will be the world of the service industry". But what is the "world of service industry"? Which is the future of Bolognina and of our former industrial peripheries?

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Determinants of Voluntary HIV Counseling and Testing among Addis Ababa University Students, Ethiopia

By Abebaw Andarge Gedefaw
Debre Markos University

Abstract- Voluntary Counseling and Testing for HIV is included as one of the strategy for HIV/AIDS prevention in HIV/AIDS policy, yet very little is known about what determines VCT services. This study attempts to identify determinants of Voluntary HIV counseling and testing among Addis Ababa University undergraduate students, Ethiopia. The study design was cross-sectional, including both quantitative and qualitative methods. By using multi-stage sampling technique comprising a total of 860 students were selected. Quantitative data were collected through self administered questionnaire and focus group discussions were also conducted to generate the qualitative data required to substantiate the statistical finding. The collected data were edited, entered and cleaned with SPSS Version 20 software and the data were summarized, analyzed and organized by univariate, bivariate and multivariate (binary logistic regression model) statistical technique.

Keywords: VCT, university students, determinants, practicing VCT and HIV test.

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Determinants of Voluntary HIV Counseling and Testing among Addis Ababa University Students, Ethiopia

Abebaw Andarge Gedefaw

Abstract- Voluntary Counseling and Testing for HIV is included as one of the strategy for HIV/AIDS prevention in HIV/AIDS policy, yet very little is known about what determines VCT services. This study attempts to identify determinants of Voluntary HIV counseling and testing among Addis Ababa University undergraduate students, Ethiopia. The study design was cross-sectional, including both quantitative and qualitative methods. By using multi-stage sampling technique comprising a total of 860 students were selected. Quantitative data were collected through self administered questionnaire and focus group discussions were also conducted to generate the qualitative data required to substantiate the statistical finding. The collected data were edited, entered and cleaned with SPSS Version 20 software and the data were summarized, analyzed and organized by univariate, bivariate and multivariate (binary logistic regression model) statistical technique. The findings of the study revealed that the prevalence of HIV testing was found to be 39.7% and the major finding in logistic regression model showed that marital status, childhood place of residence, life time sexual partner, perceived confidentiality of VCT service, willingness to take VCT before marriage, stigma and discrimination and attitude towards VCT were found the key determinants of practicing VCT. Finally, based on the key findings of the study, some plausible recommendations were given which includes information, education and communication program and awareness raising with regard to HIV/AIDS and gradual scaling up of VCT service, encouraging marriage and reduce stigma and discrimination should be strengthened.

Keywords: VCT, university students, determinants, practicing VCT and HIV test.

I. Introduction

HIV is a relatively newly discovered infection that has not even scored three decades of existence. However, soon after the time it was first reported in 1981, the infection has rapidly developed into an epidemic and has caused great suffering and profound development challenges (Aitken, 2005;Vandyk A and Vandyk P , 2003).

One of the important intervention strategies in the effort to curb the gradual rise in the number of people infected and affected by the epidemic is to encourage people to learn their HIV sero-status and act accordingly. This strategy is what we call voluntary counseling and testing or VCT for short. Voluntary counseling and testing is a process by which an individual or couple undergo counseling enabling him/her/ make an informed choice about being tested for HIV. This decision is entirely the choice of the individuals and he/she/they will be assured that the process is confidential (UNAIDS, 2001; Boswell and Baggaley, 2002).

In our country, the impact of HIV/AIDS on institutions of higher learning is not clearly visible at the present. However, available evidences indicate that in the near future this will be unavoidable. According to the UNAIDS's annual report, current statistics shows that adolescents whose age ranges from 15 to 24 are the most susceptible to HIV infection both nationally and internationally (UNAIDS, 2011). We know that most of the tertiary level student population belongs to this age group. What we imply that University students are among the risk groups to HIV infection.

It is reasonable to assume that students in institutions of higher learning are educated, aspiration, have access to information and would act on the information they receive and as a result a low risk population (Chetty, 2001). Nevertheless, practical observation and existing research findings show that for many campus students the opposite appears to be the case. Even though the information is available, the chances of changing behaviors in this population are lacking (Kelly, 2001). In the campuses of institutions of higher learning many students practice high-risk sexual behaviors. These include sexual experimentation, unprotected casual sex, gender violence and having multiple partners. As Kelly explained, such risky behaviors indeed occur because institutions of higher learning bring together in close physical proximity devoid of systematic supervision, a large number of adolescents at their peak years of sexual activity and experimentation. Besides this, the readily availability of alcohol and other drugs and the divergent level of economic status among the student population makes campuses a very high-risk environment from AIDS context (Kelly, 2001).

In these days, the seriousness of the problem has been acknowledged in Ethiopia and all the concerned bodies are making efforts to control the spread of the epidemic through developing different

Author: Department of Geography and Environmental Studies, College of Social Science and Humanities, Debre Markos University, Debre Markos, Amhara Regional State. e-mail: abeandargie@yahoo.com

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mechanisms of intervention. One of the many different strategies designed for prevention and control of the disease is providing voluntary HIV counseling and testing (VCT) (NACS, 2000). VCT is internationally recognized as an effective and important strategy for both prevention and care. Studies (FHI, 2002; UNAIDS, 2001) have found it to be a cost effective strategy for facilitating behavioral change. It is also an important entry point for care and support for those who test positive. Voluntary HIV counseling and testing provides people with an opportunity to learn and accept their HIV status in a confidential environment with counseling and referral for ongoing emotional support and medical care. People who have tested positive can benefit from earlier and appropriate medical care including ART treatment and HIV associated illness, social support, and emotional and spiritual care (UNAIDS, 2000).

There are several possible contributing factors that must be addressed if voluntary counseling and testing is to have an important role in HIV prevention and care. Factors that influence acceptance or refusal for voluntary counseling and testing could be characterized as socio demographic, cognitive and behavioral, and organizational of the voluntary counseling and testing service delivery (CDC, 1999).

However in comparison to other countries there is lack of information regarding the most important determinants of VCT services that is believed to be one of the best strategies for prevention and control of HIV/AIDS and care and support of already infected people. Hence, the main objective of this study was to identify the determinants of voluntary HIV counseling and testing by Addis Ababa University undergraduate students.

II. Materials and Methods of the Study

The study was conducted in Addis Ababa University; it is one of the largest higher learning institutions in Africa that was established at the end of the 1950 as an autonomous higher learning institution under different names. Since then the University has expanded and currently consists of fifteen faculties, five schools, and four research institutions which are located in Addis Ababa "Sidest Killo", "Arat Killo", "Amist Killo", Black Lion Hospital in Addis Ababa, and in Debre Zeiet faculty of Veterinary Medicine which is 45 kilo metes from Addis Ababa and currently consisted of a total number of students over 18,696 undergraduate students. (Unpublished data).

The main data for this study has come from primary data collected from 860 students through self administered questionnaire and four focus group discussions. It has both quantitative and qualitative components. The study employed cross-sectional study design where the data were collected at a specific point in time. The sample size was estimated using Hollander and Wolfe (1999). Sample size formula given in the annex.

The sampling techniques used to draw the 860 subjects were multi-stage sampling technique was employed in order to select the study units and probability proportionate to sample size (PPS) were used to determine the sample proportion. Addis Ababa University has fifteen faculties (i.e., Social Science, Business and Economics, Science, Technology, Education, Law, Medicine, Pharmacy, Language Studies, Informatics, Veterinary Medicine, Yared Music School, Fine Arts and Design, Commerce, Journalism and Communication). Accordingly, first from the fifteen faculties, eight (That is, Social Science, Science, Technology, Education, law, Medical, Pharmacy and Commerce) were selected randomly. Since the above faculties have more than one department, except Law and Pharmacy, the second stage random sampling was made from the departments. Two departments were again selected randomly from each of the faculties than has more than two departments. After identifying the specific departments: Geography and Environmental Science, SANT from the Social Science faculty; Biology, Statistics from the Science faculty; Electrical and Civil engineering from the Technology faculty; Law from the Law faculty; Educational planning and management, Psychology from the Education faculty; Medicine, Nursing from the Medical faculty; Pharmacy from the Pharmacy faculty and Administrative Services management and Technology System, Procurement and Supply Management from the Commerce faculty. List of students' names in the respective departments were taken from the registrar.

There were a total of 1,767 students in the sixteen departments. This total number was then classified by department. Then the total numbers of students found in each department were taken and proportional sample size calculated for each so as to give the total sample size. The same procedure is used to make proportional sampling of male and female students in each of the faculties. Lastly, students from the selected department were chosen randomly, assembled in a room and made to fill out the questionnaire in the presence of the data collectors.

The collected data were entered, cleaned and analyzed using SPSS Version 20 software. Both univariate, bivariate and multivariate analysis were used. In order to assess the relative importance of each predictor to the dependent variable (practicing VCT), by controlling for the effects of other variables, a binary logistic regression analysis was done. The result of the binary logistic regression model is presented as odds ratio, which is given by the form:

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$$\text{Log}\,(P_i / 1 - P_i) = e^{(\beta_0 + \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + \ldots + \beta_k X_k + E_i)}$$

Where; P_i = Chance of the i_{th} respondent being practiced VCT.

$1\text{-}P_i$ = Chance of the i_{th} respondent being not practiced VCT.

$P_i/1\text{-}P_i$ = the risk or odds of the i_{th} respondent being practiced VCT.

$X_1, X_2 \ldots X_k$ = Represents predictor variables.

e = the base of natural logarithms.

B_k = Regression Coefficients of the corresponding variable X_k.

E_i = a residual term.

Estimates of $\beta_{k's}$, the logistic regression coefficients, are obtained by the maximum likelihood ratio method. A positive value of β_k means the value of the factor by which the odds change (Exp. (β_k)) greater than one means an increase in the risk of an event occurring. A negative value of β_k means the value by which the odds change (Exp. (β_k)) is less than one, indicating a decrease in the risk of an event occurring. A zero value of β_k means the factor by which the odds change (Exp.(β_k)) is equal to one, which means the odds remains unchanged. The parameters in logistic regression model represent the increase or decrease in log of odds compared to reference category code set at a value of "one".

a) Ethical Consideration

Before the data was collected, official letter from Addis Ababa University administration was obtained to ask consent from study participants. The purpose of the study was explained to all study participants; they were also informed that all of their responses are confidential and anonymous, and they have all the right not to be involved in the study or not to answer any of the questions. Ethical approval was issued by Addis Ababa city administration health bureau.

III. Results

a) Characteristic of the respondents

Table 1 shows the socio-economic and demographic characteristics of the respondents. According to the results, out of the total 860 respondents, the majority of them 551(64.1%) were males and the remaining 309(35.9%) were females giving the sex ratio of 178.3 males per 100 females (1.78:1). The distribution of the respondents age showed that 385(44.8%) were in the age group of less than 21 years. About 364(42.3%) were in the age group of 21-25, while the rest 111(12.9%) were in the age group of 25 and above. The mean age of the respondents were 23.25 years and standard deviation 5.0, with minimum and maximum ages were 19 and 55 years, respectively.

With regards to the religion of the study population, the majority of the respondents, 499(58.0%) were followers of Orthodox followed by Protestant 164(19.1%), Muslim 119(13.8%) and 78(9.1%) were other religion followers including catholic religion affiliation. The students were asked to report how frequently they attend religious services at the time of the survey, and 526(61.2%) of them responded that they attend religious services infrequently, 178(20.7%) regularly whereas 156(18.1%) never attended religious services.

The distribution of the respondents by ethnicity showed that 310(36.0%) were Amhara, 211(24.5%) were Oromo, 102(11.9%) were Tigre, 70(8.1%) were Gurage and 167(19.4%) were from other ethnic groups.

Marital status distribution of the respondents shows that majority of the respondents, 721(83.8%) have not yet married, while, the remaining 139(16.2%) were married at least once in their life time.

Regarding the Place of previous residence, most of the respondents 545(63.4%) were born and grow up in the urban areas while the rest 315(36.6%) had spent in rural areas.

Pertaining to the economic status of respondents, most of the respondents, 453(52.7%) have been obtaining $5 and above per month, 208(24.2%) got less than $5 per month, while 199(23.1%) had no pocket money at all.

Table 1 : Socio-economic and demographic characteristics (n = 860)

Variables	Number(N)	Percent(%)
Sex		
Male	551	64.1
Female	309	35.9
Age		
< 21	385	44.8
21 - 25	364	42.3
25 +	111	12.9
Marital status		
Never married	721	83.8
Ever married	139	16.2
Religion		
Orthodox	499	58.0
Protestant	164	19.1
Muslim	119	13.8
Others*	78	9.1

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Religiosity		
Never attended	156	18.1
Regularly	178	20.7
Infrequently	526	61.2
Ethnicity		
Amhara	310	36.0
Oromo	211	24.5
Tigre	102	11.9
Gurage	70	8.1
Others**	167	19.4
Pocket money		
No pocket money	199	23.1
Up to $5	208	24.2
More than $5	453	52.7
Place of previous residence		
Urban	545	63.4
Rural	315	36.6
Total	860	100.00

*Catholic and traditional religion followers

**Somali, Harari, Hadya, Walita, Silite

b) HIV testing (VCT uptake)

Respondents asked whether they have ever been tested for HIV. Their response to the question 'Have you ever been tested for HIV?' About 341(39.7%) of respondents have ever been tested for HIV.

c) Reasons for being tested for HIV

The main reasons gave by the respondents for being tested for HIV, majority of the respondents replied that have been tested for HIV to be engaged in marriage and to know health status, which accounts for 52.2% and 41.1% respectively. Others replied that when body weight decreases and related to pregnancy, 2.9% and 3.8% respectively. Similar reasons were also obtained from participants of the focus group discussion. Most discussants agreed that plan for marriage and immigrants to the USA through diversity visa lotteries were the two prominent reasons that lead most students to be tested for HIV.

d) Multivariate analyses: Results of binary logistic regression

Among the variables included in the Model, as indicated in table 2, marital status, place of previous residence, life time sexual partner, worry about the confidentiality of VCT, willingness to take VCT before marriage, stigma and discrimination and attitude towards VCT service come out to be important predictors of the likelihood of HIV testing among the study population, while sex, religious affiliation and feeling being at risk of HIV infection were found to be not to have an impact on HIV testing.

Marital status of the respondents' was found to have an influence on HIV testing of ever married students. The likelihood of HIV testing was significantly associated with marital status. As can be shown in the multivariate analysis at table 2, The likelihood of HIV testing of ever married respondents' had 3.5 times more likely to be tested as compared never married (OR=4.515, P<0.001). In other words, the likelihood of HIV respondents is significantly lower than those testing among never married who are ever married.

There was statistically significant association between HIV testing and place of previous residence of respondents'. The likelihood of HIV testing was significantly associated with childhood place of residence. As can be shown in the multivariate analysis at table 2, being urban had a positive effect on the likelihood of HIV testing. The likelihood of HIV testing among urban had 0.5 times more likely to be tested as compared to rural (OR=1.491, P<0.05).

Number of lifetime sexual partner shows a statistically significant effect on the practice of HIV testing (OR = 1.855, P < 0.05). The likelihood of HIV testing among respondents who have ever had only one sexual partner had 0.9 times more likely to be tested as compared to those respondents without any sexual partner. This might be the possible explanation of partner willingness to test for HIV.

The finding of the multivariate logistic regression result also indicates that, perceived confidentiality of VCT services was significant association with HIV testing and in the expected direction. Students were not worried about confidentiality of VCT services has a positive effect on HIV testing. The likelihood of HIV testing among students was not worried about confidentiality of VCT services had 2 times more likely to be tested as compared to students been worried about confidentiality of VCT service (OR = 2.997, P < 0.001). Students need confidential VCT service to test for HIV voluntarily.

The association between HIV testing and willingness to take VCT before marriage was statistically significant and in the expected direction. Unwillingness taking VCT before marriage has a negative effect on HIV testing (OR=0.079, P<0.01). Respondents who were not willing taking VCT before marriage were 92.1% less likely to be tested than those who were willing.

According to findings of the survey, stigma and discrimination of people caught HIV/AIDS has statistically significant effect on the students HIV testing. Stigmatizing has a negative effect on practicing VCT (OR = 0.481, P < 0.001). Respondents who were stigmatizing have 51.9% less likely to be tested than those who were non stigmatizing. This finding showed that fear of stigma and discrimination hindrance for HIV testing.

Attitude towards VCT of the respondents found to be predictor of HIV testing. The association between HIV testing and attitude towards VCT was significant and in the expected direction (Table 2). Unfavorable attitude towards VCT services has a negative effect on HIV testing (OR=0.446, P<0.001).

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Students who were unfavorable attitude towards VCT were 55.4% less likely to be tested than those who are favorable attitude.

Table 2 : Results of Logistic Regression (odds ratio) Model Parameters' Estimates for the Likelihood of HIV testing among Addis Ababa University Undergraduate Students (n = 860)

Variables	Selected background characteristics				
	ß	S.E	Exp(ß)(odd ratio)	95.0% C.I. for Exp (ß)	
				Lower	Upper
Sex					
Male[RC]			1.00		
Female	0.211	0.172	1.235	0.881	1.731
Age					
<21[RC]			1.00		
21 - 25	0.005	0.174	1.005	0.715	1.413
25+	-0.732	0.415	0.481	0.213	1.085
Marital Status					
Ever Married	1.507	0.418	4.515***	1.991	10.240
Never Married[RC]			1.00		
Religion					
Orthodox[RC]			1.00		
Protestant	-0.002	0.201	0.998	0.673	1.481
Muslim	-0.037	0.234	0.964	0.609	1.525
Others	0.373	0.299	1.451	0.808	2.606
Place of previous residence					
Urban	0.399	0.164	1.491*	1.081	2.057
Rural[RC]			1.00		
Life time sexual partners					
None[RC]			1.00		
1	0.618	0.302	1.855*	1.025	3.355
2+	-0.062	0.389	0.940	0.438	2.015
Feeling being at risk of HIV infection					
Yes	0.374	0.296	1.454	0.813	2.598
No[RC]			1.00		
Worry about the confidentiality of VCT					
Yes[RC]			1.00		
No	1.097	0.196	2.997***	2.039	4.404
Willingness to take VCT before marriage					
Yes[RC]			1.00		
No	-2.536	0.751	0.079**	0.018	0.345
Stigma and discrimination					
Non stigmatizing[RC]			1.00		
Stigmatizing	-0.631	0.161	0.481***	1.371	2.574
Attitude towards VCT					
Favorable[RC]			1.00		
Unfavorable	-0.807	0.192	0.446***	0.306	0.649

*Significant at: ***P<0.001 **P<0.01 *P<0.*

RC = Reference Category S.E. = Standard error

IV. Discussion

VCT has a vital role to play within a comprehensive range of measures for HIV/AIDS prevention and support, and should be encouraged. This study provided important information regarding determinants of VCT among Addis Ababa University undergraduate students.

a) Marital life encourages VCT

Marital status of respondents is one of the important factors that influence HIV testing. Ever married status has a significant contribution in facilitating HIV testing by students. Previous similar studies conducted provide a strong support for the present finding; Lisa and Yitades (2005) found that in Jamaica, among University students, the odds of HIV testing were 1.5 times higher among married students than not married.

In this study very important significant relationship was observed between perceived confidentiality of VCT services and HIV testing. So, it is the major determinant of HIV testing. Results of multivariate analysis showed that the likelihood of

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HIV testing among students was not worried about confidentiality of VCT services had 2 times more likely to be tested as compared to students have been worried about confidentiality of VCT service. The qualitative result from the Focus Group Discussions also indicated that, fear of being seen at a testing site and having health care personnel tell others about their test results were the major reasons that students often regret to seek VCT services. From the above findings, lack of confidence to VCT services decreases HIV testing. This finding was inline within the other findings, a study done in Uganda and Kenya on HIV voluntary counseling and testing among youth showed that 67% Ugandans and 53% Kenyans prefer hospitals as the convenient site to get an HIV test because of the appropriateness of hospitals to insure confidential services (Horizon, 2001).

According to Solomon et al.,(2004), there has been a great deal of resistance to VCT in African settings for reason associated with lacking trust on the confidentiality procedures. People, especially young people, are concerned about their privacy and are fearful that others may find out that they have sought an HIV test. Similarly, from a national survey, Vandyk A and Vandyk P (2003), for example, found out that about 30% of the respondents who indicated they would definitely not to go for VCT which was located nearby their village considered confidentiality as a significant barrier for their reluctance. Therefore, young people prefer to have tests in facilities where they won't run into parents or neighbors and where it is not clear to casual observers that they are there have an HIV test.

b) Students seek HIV test as a pre condition for marriage

This study also revealed that willingness to take VCT before marriage is one of the major determinants for HIV test. Multivariate result showed that respondents who were not willing taking VCT before marriage were 92.1% less likely to be tested than those who were willing. This is a possible explanation of plan for marriage is the major reason for HIV test and students often seek HIV test as a precondition for marriage. Also the participants of the focus group discussion indicated that, the major reason for HIV test was plan for marriage.

Previous researches also supported the finding that a study conducted in 2003 among newly married couples in Addis Ababa showed that 55% of the study subjects reported having had pre-marital HIV testing. Individuals of both Sexes who had frank discussion as a couple about HIV were found to be more likely to have pre-marital HIV testing (adjusted ORs 10.96, 95% CI 3.7 to 33.3 for men and 7.78, 95% CI 2.86 to 20.0 for women (Dereje, 2006). With regard to willingness to test in the future, students who were not willing taking VCT before marriage were 95.3% less likely to be tested than those who were willing.

c) Fear of stigma and discrimination is a major challenge to use of VCT service

It is known that HIV is stigmatized in many countries resulting in discrimination against and rejection of PLWHA (People living with HIV/AIDS) or those perceived to be HIV positive regardless of whether or not they have actually been tested. Stigmatizing attitudes among the society towards persons living with HIV/AIDS is one of the stumbling blocks for people not to get access to voluntary counseling and testing. The stigma, real or feared, of HIV/AIDS often is a barrier to HIV prevention programs.

If people are uncomfortable discussing their risk of infection with health care providers due to concerns about discrimination or a lack of confidentiality, they may avoid HIV testing and treatment of symptoms. Those who suspect they are infected may choose to hide their disease from friends and family for fear of abandonment. Thus, in this particular study, there are identified barriers that may act as an impediment to the effective utilization of the VCT service. From the above findings, stigma and discrimination hindered students from HIV test. That is, respondents having non stigmatizing attitude towards HIV/AIDS had tested for HIV more than stigmatizing attitude towards HIV/AIDS, fear of stigma is a major challenge to use of VCT service. Also the focus group discussants indicated that the major factor that prevents students from HIV testing was fear of stigma and social rejection or discrimination being identified HIV positive and fear of learning the outcome of HIV status.

This finding is in line with the other findings that, a study done in a national survey of adults in the United States, Herek and colleaques found that 38% of the respondents expressed their concern about stigma if they tested HIV positive and 44% of the clients who expressed this concern indicated that stigma influences their decisions to undergo HIV testing (Herek et.al, cited in Kalichman and Simbayi, 2003). In addition to several recent studies demonstrate how stigma and discrimination are fueled, resulting in prejudicial treatment of people living with HIV/AIDS. In Nigeria, a survey found that one in ten doctors and nurses admitted having refused care to patients with HIV/AIDS or having denied hospital admission to these patients. Twenty percent of those surveyed believed that people with HIV/AIDS were guilty of immoral behavior and were reaping their just dessert. In the Philippines, fifty percent of respondents to a recent survey conducted among people with HIV/AIDS reported having suffered discrimination by health care workers. In India, a study found that 70% of people living with HIV/AIDS had experienced discrimination, most often by

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family members or health care workers. (UNAIDS, 2003).

Also a survey conducted on Kenyan and Ugandan youth, similarly, revealed that together with other factors, stigma and discrimination played an important role for adolescents' reluctance to undergo VCT (Horizons, 2001).

d) Favorable attitude towards VCT directly related to HIV testing

In this study, favorable attitude towards VCT was the most important factor of HIV testing. The multivariate result indicates that students who were unfavorable attitude towards VCT were 55.4% less likely to be tested than those who are favorable attitude. Therefore, it needs favorable attitude towards VCT for HIV testing.

Previous researches also supported my findings, that community based studies done in South Africa have positive and statistically significant association was observed between VCT uptake and attitude towards HIV testing, in this study, those who had been tested showed more positive HIV testing attitude than participants who had not been tested (Kalichman and Simbayi, 2003). Similarly, a study on HIV testing attitudes, AIDS stigma, and Voluntary HIV counseling and testing in a black township in Cape Town, South Africa was conducted in 2003. Comparisons on attitudes toward VCT, controlling for demographics and survey venue showed that individuals who had not been tested for HIV and those tested but who did not know their results held significantly more negative testing attitudes than individuals who were tested, particularly people who knew their test results. Compared to people who had been tested, individuals who were not tested for HIV demonstrated significantly greater AIDS related stigmas, ascribing greater shame, guilt, and associated disapproval to people living with HIV, knowing test results among those tested was not related to stigmatized beliefs. (Kalichman et al, 2003).

V. Conclusions and Recommendations

The findings indicated that despite obstacles to VCT and issues surrounding HIV sero-positivity, further awareness raising programs with regard to HIV/AIDS and gradual scaling up of VCT service is of paramount importance. The prevalence of HIV testing was found to be 39.7%. Determining factors for Practicing VCT were marital status, childhood place of residence, life time sexual partner, perceived confidentiality of VCT service, willingness to take VCT before marriage, stigma and discrimination towards PLWHA and attitude towards VCT.

Finally, we forward some recommendation in light of the findings: effective programs need to be developed to promote further pre marital VCT services, interventions need to focus on providing services that ensure confidentiality to promote HIV testing, link with care and support organizations so as to establish financial independence, educate students to perceive themselves at risk of HIV infection, Sound and viable information, education and communication and counseling interventions on VCT or behavioral change communication need to be intensified to reduce stigma and discrimination that prevail in the students and to increase positive attitude towards VCT.

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a) Competing interests

The author declare that they have no competing interests.

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Annex 1

Sample size estimation

To determine the minimum number of students to be included in the study, the single population formula was used, based on the assumption that:

a) The level of confidence of the study was 95%, which gives the percentile of the normal distribution, ($Z\alpha/2=1.96$)
b) The margin of error assumed to be 5%.
c) The proportion of population possessing the major attribute (i.e. Prevalence of acceptability of VCT among students) is assumed to be 50%.
d) Estimated non-response rate in university students = 10%.
e) Contingency = 12%.

Accordingly, the following formula given by Hollander and Wolfe (1999) is used to determine the sample size:

$n = [(Z_{\alpha/2})^2 * P (1-P)] / d^2] * 2$

$n = [(1.96)^2 * 0.5 * (1 - 0.5)] / (0.5)^2] * 2$

$n = 768 + 92 = \underline{860.}$

Where,

n = the required minimum sample size.

Level of confidence 95%, which gives the percentile of the normal distribution, $Z_{\alpha/2}= 1.96$.

d = Margin of error, assumed to be 5%.

P = prevalence of VCT acceptance taken as 50%.

Estimated non-response rate in University students = 10%.

Multi- stage sampling design effect = 2.

Based on the above assumptions a minimum of 860 Students were required for the study.

Conflict of Interest:

The authors declare that they have no conflict of interest.

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Urbanscape Guidelines for Bahar-al-Toleye Mahallah in the Area of Razavi Holly Shrine

By Rokhsaneh Derakhshesh Nia & Ehsan Ranjbar
Imam Reza International University

Abstract- It seems that the lack of tangible identity, confusion and visual disturbances, mental insecurity and confusion in public areas, release and exhaustion signs and cultural - historical, Facade poor quality, lack of organization in terms of form and wall needed, problem of readability, navigation, disorientation and ambiguity in orientation, lack of positive evaluation of urban spaces and reduce the sense of belonging to the urban environment, the need to improve the quality of vision and urban landscape elements within the aesthetic quality of the environment implies. Inadequate fishes and the evils landscape study area the most important cause undesirable sights lining the main thoroughfares are unsuitable and worn tens and body that the aesthetics confused, troubled and has become infected. There extensions ugly, dirty findings blocks, irregular and uncoordinated boards are a significant cause of visual disturbance.

Spaces made and the overall structure and appearance of the area in terms of diversity, composition, coordination in rhythm, abnormalities of fishes and a lot of evils. the uneven textures and shapes placed next to each other inappropriateness of the ugly face of another kind are available.

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Visual pollution, erosion buildings, extensions and additions and Dvdzdgy views, the disproportion and coordinate altitude, lack of coordination Labour used materials, lack of coordination skyline, the presence of incomplete buildings and dilapidated buildings, overcrowding cars in the streets, noise Mzla of social and abnormalities such as the existence of the false businesses including, beggars, drug addicts, another segment of these factors.

I. Introduction

Dissonance confusion surrounding tissue spaces shrine that occurred as a result of its contemporary Many of the ideals of the community destroyed, especially on a large scale has resulted in the destruction. Modern architecture with modern cities in order to create a spatial model with fixed picture was That is understandable to the world, but in practice, imitate the shape of the trappings of modern patterns of multiplicity to unity not only failed but also the regional crisis was intensified in many communities Walnut This crisis is an important concept in this context shine .Many of the modern movement to eliminate discrimination, simplicity and richness of human lives as he Misunderstood reduced to appearances, lost their real function and anti-values into the tissue surrounding the shrine. Bahar-al-Toleye pain is one of the historic neighborhoods tissue as a result of ignoring the identity of this neighborhood in upstream projects that are currently being destroyed. That regardless of the history of this place is trying to destroy the identity of the tissue Because of this, we decided to maintain identity context to provide role models for the link between old and new one needs

Author α σ: Department of Urbanism, Faculty of Art and Architecture, Imam Reza International University, Mashhad.
e-mail: d.rokhsaneh@yahoo.com

a) Research Purposes

In this project we are looking for a combination of traditional and modern practices of our neighborhood and to achieve in the design area due to the presence of buildings of historical and religious site in the walled mosque and southern neighborhoods is Historical walking path designed to preserve the historic fabric of the neighborhood pay as well as walking the path makes the structure is unchanged neighborhood And roadway traffic congestion will be reduced. This historic route starts from the entrance and after the passage of monuments, mosques and religious site in the center of the neighborhood that had been abandoned spaceand as a community center looks and the way we design according to the neighborhood in the tissue around the shrine there Bahvyt. Sometimes this is a good option as breathing tissue

In general, the plan for the improvement of the appearance of the neighborhood we are considering new strategies, and to maintain identity context is also worth considering that in the context of historical and Mashhad is located the historical course is designed to help revitalize the tissue.

II. Research Methodology

Explore traditional patterns in this study requires research commentary - history. Correlation and factor analysis as variables to receive relations and influencing factors used to regulate appearance neighborhood. Collect data through field methods, documents and questionnaires are done.

a) General introduce the study area

Given the importance of the central basin of Mashhad, the formation of the core and the spread of Mashhad, links and spatial order and bring this area as a base Space Agency in Mashhad shrine as a symbol. This area is one of the main Mashhad most metropolitan areas every year many pilgrims from different countries are welcome, but unfortunately, visual disturbance,

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which in this context is In this context, including the area that was heavily influenced by rapid urbanization and the destruction of cultural and historical identity in the process of structural transformation and high performance. It is accepted in the following examples are presented in the context of existing buildings.

	Guideline of neighborhood skyline
	Needed overall proportionality horizontal and vertical wall to create visual balance
	Element in this context skyline, street manifestation in the body is a combination of form and symbol of order and variety in the landscape neighborhood
	Customer's skyline must be preserved to maintain tissue to create a neighborhood structure is not destroyed
	The tissue surrounding the two buildings and disrupted the skyline that in order to reduce the visual noise of the trees should be used to maintain human scale texture
	Use the elements to join the skyline context of asymmetric buildings

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	Furniture and Flooring Guide in the neighborhood Spring Altvlyh
	Recommended flooring in the territory of the effect of paved streets or pave familiar with the plans and roles (such as dormant orders) done.
	The definition of pedestrian-oriented area within the immediate vicinity of the shrine of Imam Reza (AS)
	Improved dynamic and static flooring and pedestrian spaces along pedestrian
	It is recommended that the form used in the furniture, urban design plans and maps of Iran. In order to use Slim role in the structure of urban furniture recommended And in this block for improving the neighborhood to neighborhood center design described in this section.
	neighborhood buildings form and style
	Paints used in building materials should be appropriate to the historical monuments

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	For other classes of white and beige are also recommended. The use of intense colors, sharp and shiny is not allowed.
	Use non-reflective glass facade and is maximum 35% of total unconsolidated Viewing in this context should be proportional to the identity texture and light colors used for viewing
	Guide neighborhood scale architectural buildings
	Respect for human scale by creating style on the facade
	Guide Spring neighborhood street trees
	Reduction of environmental pollution by adopting appropriate methods for waste collection available. Supply of vegetation and green spaces in the appropriate spaces and removing
	Use the Iranian identity of vegetation such as pine Mashhad, Tabriz, sycamore, maple, etc. is recommended - Green spaces in different heights so encouraging and is recommended.

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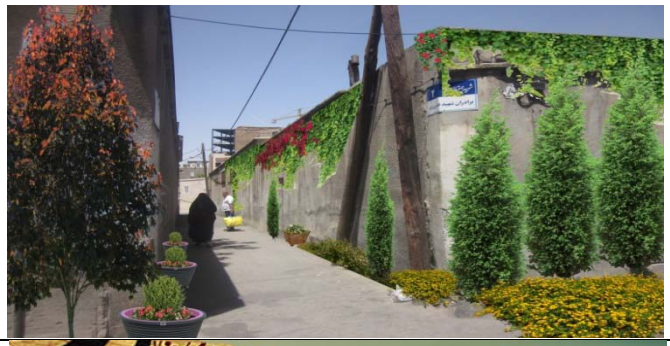	
 	The use of graffiti to improve the appearance of the neighborhood and increasing green space in the crowded neighborhood in the order route

	Lighting Guide Spring neighborhood Altvlyh
	Lighting the body should be done in secret and without staring Gay - Use light color spectrum is permitted to a limited extent and with the necessary justification

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	Facade of the projects of the monument is affected by the atmosphere of historic building - Retreat after a ground state (ground and first floor) in such a way that a similar monument in the immediate produce skyline. It also helps the human scale of the effect will be good. - Elements advertising theme or notification in the territory of the effects of identity should not be eroded effect. Dimensions elements should not impede visibility to the issue of coverage and advertising effects plus they are derived from cultural and religious motifs. - At the same time advised the monument and its surrounding lighting project is a way to highlight the role and importance of aid effectiveness
	Views and visual corridors Guide Spring neighborhood
	The closeness of spaces to suit the size and proportions of the human visual field is the result of man can The space between each move to the next pause as a measure fits with human step and slow motion apply to him - The network is designed urban spaces in historical context to the principle that the more a route is more diverse and more complex in terms of physical connections -The form and proportions of the different elements can be combined to create different spatial order. Create diverse perspectives along the way can be caused by variations in the network of urban spaces Encourage residents to use the walking path by increasing the vitality and dynamism of the
	Guide to Building details and visual materials Spring neighborhood

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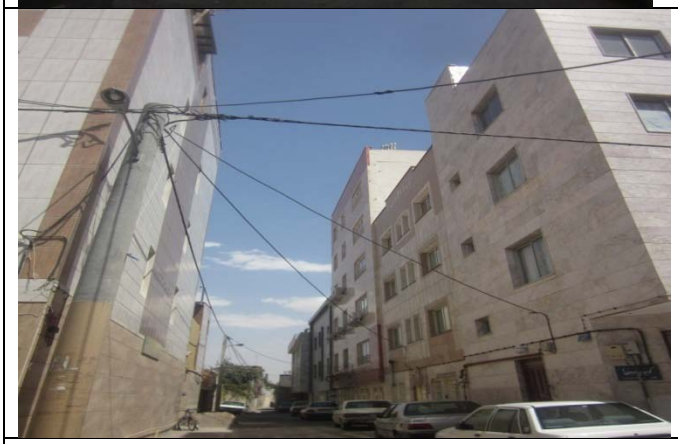
	All views (from four sides and roof) or in other words Bkhsh_Hay visible building, must comply with all criteria are visualized - Use the brick facade with grouting (for ground state and in combination in other classes - Body building through coordination between materials - Balancing the skyline, and pre-defined criteria and limited the console freezing in crossing the narrow width
	Shiny materials (stone and polished to a limited extent mired in internal facing surfaces allowed) - Needed window in prices and in the total context, a balance has exhibited impressive. Despite this principle, not only for appearance and can be widely used in building Vnmay plan, structure and materials have also
	Use non-reflective glass facade and just unconsolidated total maximum allowed - The sky line control to provide appropriate balance is a dominant horizontal fields
	Sustainability indexes citizens of the district Guide Spring

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	Maintain and strengthen some of the Mosques that have been in the actual effect is recommended - To establish order and unity of appearance in harmony with the monument, using a plinth, inscription, Middle, Upper and decorate surfaces in the area of monuments to the separation of body and texture recommended
	Sensory richness characteristic of the citizens of the district Guide Spring
	Dome and minaret adjacent buildings to be constructed to greater height than the height.
	Guide characteristic sense of neighborhood residents
	Memberships include the use of traditional coffee, selling crafts and tourism, art goods, tavernas and recommend Grdd.trkyb harmony of line, form, color and texture on the wall roots texture, visual quality has improved

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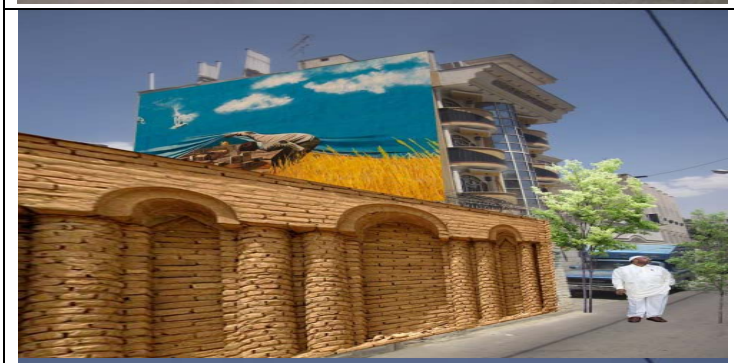 	Retreat after a ground state (ground and first floor) in such a way that a similar monument in the immediate produce skyline. It also helps the human scale of the effect will be good - Energy-efficient design in order to create historical identity tissue
 	Preservation of old buildings and the value of the tissue and prevent degradation of the tissue recovery time - Increase the traditional jobs in order to attract tourist

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 	With elements such as columns, arches views, railings and decorative components, forms of communication, conceptual increases

Customer designed to Quarter spring Altvlyh

The main objective	Customer specified
Respect for human scale and gradation according to the historical context	The introduction of neighborhood historic building (Ranging from physical and cultural values) - Grading criteria developed in the field of spatial relationships, modified to meet the minimum separation, continuous views of space and mass, the mass of the investment, the formula skyline, identify the symptoms, etc. For example Within the course of history maximum height of three storeys or 10 meters on the first level body provided that the ratio of height to width does not exceed passage of a
Using appropriate building materials sectors neighborhood history	Identification of traditional materials and canvas dominant colors of the facade in different sectors
Creating visual harmony	Communicated to municipalities to collect and avoid installing additional boards
Strengthening urban landscape and provide a semi-open spaces and the entrance	Taking up space for drying clothes in residential housing units so that they are not visible from the street is mandatory
Improved visual quality intersections	All buildings located in historic route must follow specific criteria - Classification of prominent intersections and set priorities based on location, historical period and its role in the neighborhood
Improved visual quality	Notified the mayor from tin building with unusual architecture
Building control of To protect the right of neighbors And the possibility of having all Light, Landscape, ventilation And natural resources	Develop criteria for various functions with regard to, for example, to determine the density ratio of height in the middle of the open space allowed in the northern parts of North adjacent piece does not exceed 1 to 1 - To determine the density residential components, the ratio of building height to road width should not exceed one by one
Open green space	Customer incentives for creating a green roof according to the per capita green area
Organizing urban furniture (to facilitate pedestrian movement with the approach of) the movement of motor Handicap	Assessing existing conditions and other urban furniture Disorders in other passages, traffic, and prioritize the social role of intervention
Develop green spaces with native plant species	Prioritization of plant species adapted to climatic characteristics and the identification of native plant species appropriate to the cultural historical context

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Control urban landscape	Criteria to determine the contours of the field of view in the different areas and applications Criteria to determine the appropriate color theme percent of its materials and in the neighborhood
Targeted lighting in the neighborhood	Lighting project proposal introduced important places and roads in the neighborhood

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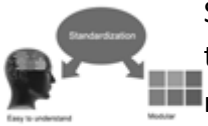

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Abstract, used in Original Papers and Reviews:

Optimizing Abstract for Search Engines

Many researchers searching for information online will use search engines such as Google, Yahoo or similar. By optimizing your paper for search engines, you will amplify the chance of someone finding it. This in turn will make it more likely to be viewed and/or cited in a further work. Global Journals Inc. (US) have compiled these guidelines to facilitate you to maximize the web-friendliness of the most public part of your paper.

Key Words

A major linchpin in research work for the writing research paper is the keyword search, which one will employ to find both library and Internet resources.

One must be persistent and creative in using keywords. An effective keyword search requires a strategy and planning a list of possible keywords and phrases to try.

Search engines for most searches, use Boolean searching, which is somewhat different from Internet searches. The Boolean search uses "operators," words (and, or, not, and near) that enable you to expand or narrow your affords. Tips for research paper while preparing research paper are very helpful guideline of research paper.

Choice of key words is first tool of tips to write research paper. Research paper writing is an art.A few tips for deciding as strategically as possible about keyword search:

- One should start brainstorming lists of possible keywords before even begin searching. Think about the most important concepts related to research work. Ask, "What words would a source have to include to be truly valuable in research paper?" Then consider synonyms for the important words.
- It may take the discovery of only one relevant paper to let steer in the right keyword direction because in most databases, the keywords under which a research paper is abstracted are listed with the paper.
- One should avoid outdated words.

Keywords are the key that opens a door to research work sources. Keyword searching is an art in which researcher's skills are bound to improve with experience and time.

Numerical Methods: Numerical methods used should be clear and, where appropriate, supported by references.

Acknowledgements: Please make these as concise as possible.

References

References follow the Harvard scheme of referencing. References in the text should cite the authors' names followed by the time of their publication, unless there are three or more authors when simply the first author's name is quoted followed by et al. unpublished work has to only be cited where necessary, and only in the text. Copies of references in press in other journals have to be supplied with submitted typescripts. It is necessary that all citations and references be carefully checked before submission, as mistakes or omissions will cause delays.

References to information on the World Wide Web can be given, but only if the information is available without charge to readers on an official site. Wikipedia and Similar websites are not allowed where anyone can change the information. Authors will be asked to make available electronic copies of the cited information for inclusion on the Global Journals Inc. (US) homepage at the judgment of the Editorial Board.

The Editorial Board and Global Journals Inc. (US) recommend that, citation of online-published papers and other material should be done via a DOI (digital object identifier). If an author cites anything, which does not have a DOI, they run the risk of the cited material not being noticeable.

The Editorial Board and Global Journals Inc. (US) recommend the use of a tool such as Reference Manager for reference management and formatting.

Tables, Figures and Figure Legends

Tables: Tables should be few in number, cautiously designed, uncrowned, and include only essential data. Each must have an Arabic number, e.g. Table 4, a self-explanatory caption and be on a separate sheet. Vertical lines should not be used.

Figures: Figures are supposed to be submitted as separate files. Always take in a citation in the text for each figure using Arabic numbers, e.g. Fig. 4. Artwork must be submitted online in electronic form by e-mailing them.

Preparation of Electronic Figures for Publication

Even though low quality images are sufficient for review purposes, print publication requires high quality images to prevent the final product being blurred or fuzzy. Submit (or e-mail) EPS (line art) or TIFF (halftone/photographs) files only. MS PowerPoint and Word Graphics are unsuitable for printed pictures. Do not use pixel-oriented software. Scans (TIFF only) should have a resolution of at least 350 dpi (halftone) or 700 to 1100 dpi (line drawings) in relation to the imitation size. Please give the data for figures in black and white or submit a Color Work Agreement Form. EPS files must be saved with fonts embedded (and with a TIFF preview, if possible).

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6. AFTER ACCEPTANCE

Upon approval of a paper for publication, the manuscript will be forwarded to the dean, who is responsible for the publication of the Global Journals Inc. (US).

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Acrobat Reader will be required in order to read this file. This software can be downloaded

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www.adobe.com/products/acrobat/readstep2.html. This will facilitate the file to be opened, read on screen, and printed out in order for any corrections to be added. Further instructions will be sent with the proof.

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TECHNIQUES FOR WRITING A GOOD QUALITY RESEARCH PAPER:

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2. Evaluators are human: First thing to remember that evaluators are also human being. They are not only meant for rejecting a paper. They are here to evaluate your paper. So, present your Best.

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7. Use right software: Always use good quality software packages. If you are not capable to judge good software then you can lose quality of your paper unknowingly. There are various software programs available to help you, which you can get through Internet.

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9. Use and get big pictures: Always use encyclopedias, Wikipedia to get pictures so that you can go into the depth.

10. Bookmarks are useful: When you read any book or magazine, you generally use bookmarks, right! It is a good habit, which helps to not to lose your continuity. You should always use bookmarks while searching on Internet also, which will make your search easier.

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17. Never use online paper: If you are getting any paper on Internet, then never use it as your research paper because it might be possible that evaluator has already seen it or maybe it is outdated version.

18. Pick a good study spot: To do your research studies always try to pick a spot, which is quiet. Every spot is not for studies. Spot that suits you choose it and proceed further.

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20. Use good quality grammar: Always use a good quality grammar and use words that will throw positive impact on evaluator. Use of good quality grammar does not mean to use tough words, that for each word the evaluator has to go through dictionary. Do not start sentence with a conjunction. Do not fragment sentences. Eliminate one-word sentences. Ignore passive voice. Do not ever use a big word when a diminutive one would suffice. Verbs have to be in agreement with their subjects. Prepositions are not expressions to finish sentences with. It is incorrect to ever divide an infinitive. Avoid clichés like the disease. Also, always shun irritating alliteration. Use language that is simple and straight forward. put together a neat summary.

21. Arrangement of information: Each section of the main body should start with an opening sentence and there should be a changeover at the end of the section. Give only valid and powerful arguments to your topic. You may also maintain your arguments with records.

22. Never start in last minute: Always start at right time and give enough time to research work. Leaving everything to the last minute will degrade your paper and spoil your work.

23. Multitasking in research is not good: Doing several things at the same time proves bad habit in case of research activity. Research is an area, where everything has a particular time slot. Divide your research work in parts and do particular part in particular time slot.

24. Never copy others' work: Never copy others' work and give it your name because if evaluator has seen it anywhere you will be in trouble.

25. Take proper rest and food: No matter how many hours you spend for your research activity, if you are not taking care of your health then all your efforts will be in vain. For a quality research, study is must, and this can be done by taking proper rest and food.

26. Go for seminars: Attend seminars if the topic is relevant to your research area. Utilize all your resources.



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27. Refresh your mind after intervals: Try to give rest to your mind by listening to soft music or by sleeping in intervals. This will also improve your memory.

28. Make colleagues: Always try to make colleagues. No matter how sharper or intelligent you are, if you make colleagues you can have several ideas, which will be helpful for your research.

29. Think technically: Always think technically. If anything happens, then search its reasons, its benefits, and demerits.

30. Think and then print: When you will go to print your paper, notice that tables are not be split, headings are not detached from their descriptions, and page sequence is maintained.

31. Adding unnecessary information: Do not add unnecessary information, like, I have used MS Excel to draw graph. Do not add irrelevant and inappropriate material. These all will create superfluous. Foreign terminology and phrases are not apropos. One should NEVER take a broad view. Analogy in script is like feathers on a snake. Not at all use a large word when a very small one would be sufficient. Use words properly, regardless of how others use them. Remove quotations. Puns are for kids, not grunt readers. Amplification is a billion times of inferior quality than sarcasm.

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33. Report concluded results: Use concluded results. From raw data, filter the results and then conclude your studies based on measurements and observations taken. Significant figures and appropriate number of decimal places should be used. Parenthetical remarks are prohibitive. Proofread carefully at final stage. In the end give outline to your arguments. Spot out perspectives of further study of this subject. Justify your conclusion by at the bottom of them with sufficient justifications and examples.

34. After conclusion: Once you have concluded your research, the next most important step is to present your findings. Presentation is extremely important as it is the definite medium though which your research is going to be in print to the rest of the crowd. Care should be taken to categorize your thoughts well and present them in a logical and neat manner. A good quality research paper format is essential because it serves to highlight your research paper and bring to light all necessary aspects in your research.

Informal Guidelines of Research Paper Writing

Key points to remember:

- Submit all work in its final form.
- Write your paper in the form, which is presented in the guidelines using the template.
- Please note the criterion for grading the final paper by peer-reviewers.

Final Points:

A purpose of organizing a research paper is to let people to interpret your effort selectively. The journal requires the following sections, submitted in the order listed, each section to start on a new page.

The introduction will be compiled from reference matter and will reflect the design processes or outline of basis that direct you to make study. As you will carry out the process of study, the method and process section will be constructed as like that. The result segment will show related statistics in nearly sequential order and will direct the reviewers next to the similar intellectual paths throughout the data that you took to carry out your study. The discussion section will provide understanding of the data and projections as to the implication of the results. The use of good quality references all through the paper will give the effort trustworthiness by representing an alertness of prior workings.

Writing a research paper is not an easy job no matter how trouble-free the actual research or concept. Practice, excellent preparation, and controlled record keeping are the only means to make straightforward the progression.

General style:

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To make a paper clear

· Adhere to recommended page limits

Mistakes to evade

- Insertion a title at the foot of a page with the subsequent text on the next page
- Separating a table/chart or figure - impound each figure/table to a single page
- Submitting a manuscript with pages out of sequence

In every sections of your document

· Use standard writing style including articles ("a", "the," etc.)

· Keep on paying attention on the research topic of the paper

· Use paragraphs to split each significant point (excluding for the abstract)

· Align the primary line of each section

· Present your points in sound order

· Use present tense to report well accepted

· Use past tense to describe specific results

· Shun familiar wording, don't address the reviewer directly, and don't use slang, slang language, or superlatives

· Shun use of extra pictures - include only those figures essential to presenting results

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Abstract:

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An abstract is a brief distinct paragraph summary of finished work or work in development. In a minute or less a reviewer can be taught the foundation behind the study, common approach to the problem, relevant results, and significant conclusions or new questions.

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- Fundamental goal
- To the point depiction of the research
- Consequences, including definite statistics - if the consequences are quantitative in nature, account quantitative data; results of any numerical analysis should be reported
- Significant conclusions or questions that track from the research(es)

Approach:

- Single section, and succinct
- As a outline of job done, it is always written in past tense
- A conceptual should situate on its own, and not submit to any other part of the paper such as a form or table
- Center on shortening results - bound background information to a verdict or two, if completely necessary
- What you account in an conceptual must be regular with what you reported in the manuscript
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The **Introduction** should "introduce" the manuscript. The reviewer should be presented with sufficient background information to be capable to comprehend and calculate the purpose of your study without having to submit to other works. The basis for the study should be offered. Give most important references but shun difficult to make a comprehensive appraisal of the topic. In the introduction, describe the problem visibly. If the problem is not acknowledged in a logical, reasonable way, the reviewer will have no attention in your result. Speak in common terms about techniques used to explain the problem, if needed, but do not present any particulars about the protocols here. Following approach can create a valuable beginning:

- Explain the value (significance) of the study
- Shield the model - why did you employ this particular system or method? What is its compensation? You strength remark on its appropriateness from a abstract point of vision as well as point out sensible reasons for using it.
- Present a justification. Status your particular theory (es) or aim(s), and describe the logic that led you to choose them.
- Very for a short time explain the tentative propose and how it skilled the declared objectives.

Approach:

- Use past tense except for when referring to recognized facts. After all, the manuscript will be submitted after the entire job is done.
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Materials:

- Explain materials individually only if the study is so complex that it saves liberty this way.
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- Do not take in frequently found.
- If use of a definite type of tools.
- Materials may be reported in a part section or else they may be recognized along with your measures.

Methods:

- Report the method (not particulars of each process that engaged the same methodology)
- Describe the method entirely
- To be succinct, present methods under headings dedicated to specific dealings or groups of measures
- Simplify - details how procedures were completed not how they were exclusively performed on a particular day.
- If well known procedures were used, account the procedure by name, possibly with reference, and that's all.

Approach:

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What to keep away from

- Resources and methods are not a set of information.
- Skip all descriptive information and surroundings - save it for the argument.
- Leave out information that is immaterial to a third party.

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The principle of a results segment is to present and demonstrate your conclusion. Create this part a entirely objective details of the outcome, and save all understanding for the discussion.

The page length of this segment is set by the sum and types of data to be reported. Carry on to be to the point, by means of statistics and tables, if suitable, to present consequences most efficiently.You must obviously differentiate material that would usually be incorporated in a study editorial from any unprocessed data or additional appendix matter that would not be available. In fact, such matter should not be submitted at all except requested by the instructor.



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Content

- Sum up your conclusion in text and demonstrate them, if suitable, with figures and tables.
- In manuscript, explain each of your consequences, point the reader to remarks that are most appropriate.
- Present a background, such as by describing the question that was addressed by creation an exacting study.
- Explain results of control experiments and comprise remarks that are not accessible in a prescribed figure or table, if appropriate.
- Examine your data, then prepare the analyzed (transformed) data in the form of a figure (graph), table, or in manuscript form.

What to stay away from

- Do not discuss or infer your outcome, report surroundings information, or try to explain anything.
- Not at all, take in raw data or intermediate calculations in a research manuscript.
- Do not present the similar data more than once.
- Manuscript should complement any figures or tables, not duplicate the identical information.
- Never confuse figures with tables - there is a difference.

Approach

- As forever, use past tense when you submit to your results, and put the whole thing in a reasonable order.
- Put figures and tables, appropriately numbered, in order at the end of the report
- If you desire, you may place your figures and tables properly within the text of your results part.

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- Despite of position, each figure must be numbered one after the other and complete with subtitle
- In spite of position, each table must be titled, numbered one after the other and complete with heading
- All figure and table must be adequately complete that it could situate on its own, divide from text

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- Make a decision if each premise is supported, discarded, or if you cannot make a conclusion with assurance. Do not just dismiss a study or part of a study as "uncertain."
- Research papers are not acknowledged if the work is imperfect. Draw what conclusions you can based upon the results that you have, and take care of the study as a finished work
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- Give details all of your remarks as much as possible, focus on mechanisms.
- Make a decision if the tentative design sufficiently addressed the theory, and whether or not it was correctly restricted.
- Try to present substitute explanations if sensible alternatives be present.
- One research will not counter an overall question, so maintain the large picture in mind, where do you go next? The best studies unlock new avenues of study. What questions remain?
- Recommendations for detailed papers will offer supplementary suggestions.

Approach:

- When you refer to information, differentiate data generated by your own studies from available information
- Submit to work done by specific persons (including you) in past tense.
- Submit to generally acknowledged facts and main beliefs in present tense.

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- To guard yourself and others from possible illegal use please do not permit anyone right to use to your paper and files.



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Topics	Grades		
	A-B	**C-D**	**E-F**
Abstract	Clear and concise with appropriate content, Correct format. 200 words or below	Unclear summary and no specific data, Incorrect form Above 200 words	No specific data with ambiguous information Above 250 words
Introduction	Containing all background details with clear goal and appropriate details, flow specification, no grammar and spelling mistake, well organized sentence and paragraph, reference cited	Unclear and confusing data, appropriate format, grammar and spelling errors with unorganized matter	Out of place depth and content, hazy format
Methods and Procedures	Clear and to the point with well arranged paragraph, precision and accuracy of facts and figures, well organized subheads	Difficult to comprehend with embarrassed text, too much explanation but completed	Incorrect and unorganized structure with hazy meaning
Result	Well organized, Clear and specific, Correct units with precision, correct data, well structuring of paragraph, no grammar and spelling mistake	Complete and embarrassed text, difficult to comprehend	Irregular format with wrong facts and figures
Discussion	Well organized, meaningful specification, sound conclusion, logical and concise explanation, highly structured paragraph reference cited	Wordy, unclear conclusion, spurious	Conclusion is not cited, unorganized, difficult to comprehend
References	Complete and correct format, well organized	Beside the point, Incomplete	Wrong format and structuring

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