

# The Job Satisfaction of Physical Education Teachers in Srikakulam District

Satya Paul Kumar P.P<sup>1</sup>

<sup>1</sup> Acharya Nagarjuna University

*Received: 16 December 2012 Accepted: 31 December 2012 Published: 15 January 2013*

## Abstract

Physical Fitness is the capacity to carry out responsible vigorous physical activity and includes qualities is pertain to the individual health and well being. Physical fitness improves the general fitness, health, organic functioning capacity, strength, stability of muscular and skeleton system etc. Physical Fitness is the basic criteria for every individual in the society. To lead a successful life an individual has to undergo fitness programmes for sportsman. Facilities are the most essential need for any programme in the education field. Laboratories and good libraries have become essential for importing scientific knowledge. Since physical education fields and other equipments become essential for successful implementation of its programmes. Physical Education Programme can succeed only through proper organization requires the following Finance, Equipment and facilities, Personnel and so on . Equipment and facilities are very essential for the successful condition of the Physical Education Programme. Facilities are essentially the contributing factor for the successful implementation of physical education programmes. To facilitate the same, the questionnaire technique was adopted and the data were collected from 6 Govt. Junior colleges in Srikakulam District. All the 6 Govt., Junior Colleges are Surveyed, out of 6 colleges, 3 are co-educational colleges, 2 for girls colleges and 1 for boys college

**Index terms**— teacher, physical education, junior, boys.

## 1 Introduction

Physical Fitness is the basic criteria for every individual in the society. To lead a successful life an individual has to undergoes fitness programmes for sportsman. Fitness is the latest buzzword in the society. Be it man or women, be it old or young every one wants to be fit. Fitness is very essential requisite of sports. A sports man, not only should be physically fit, but also remain for throughout his career. Fitness is the ability to respond to life's physical, emotional and social demands. So as to lead a high quality of life. In other words, it is a balance between different body systems. Physical fitness is defined in terms of aerobic activity which depends on the ability of human system to deliver and use oxygen. An educated individual in physically fit, mentally alert, intellectually sharp, emotionally physical well being is an important factor for an individual. The present Concept of Physical well being is not only freedom from diseases, but also to have endurance and skill to meet the demands of daily life and sufficient reserve to with stand stress and strain. However, educational planners and administrations have failed to give due importance to physical fitness in the educational programmes. One has to be physical fit to carry out one's duties to the self, the society and the nation efficiency. Physical activities greatly contribute to the mental and physical health of the individual. Activities of physical education and games bring emotional and social maturity and health adjustment among pupils. Facilities are the most essential need for any programme in the education field. Laboratories and good libraries have become essential for importing scientific

knowledge. Since physical education fields and other equipments become essential for successful implementation of its programmes.

In this paper our investigation is an attempt to study the existing physical education facilities available in Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. It is hypothesized that The Govt College P.D may not Satisfied with their job because the facilities will not be good in Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. The survey will be conducted only in urban area Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. The Survey will be conducted only in 6 institutions in the urban areas of Srikakulam District. The survey is conducted only with regard to physical education facilities in the Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh.

## II.

### 3 Review of Related Literature

To Physical Education properly organized and adequately supervised contributes to the goal of general education. Physical education is considered as an integral part of general education. Facilities are an important part in a program of physical education. Facilities are of various kinds. Their necessity and utility depend upon the nature of the program, administrative policy of the institutions needs and interests of the students of and administrators.

#### 4 a) Facilities

The importance of adequate facilities for a successful program of physical education in colleges cannot be the other over stated. Joseph's says "Physical education requires facilities in the form of play fields, Gymnasium and where possible swimming pool." Thomas states standard in physical education may be defined as the minimum requirement for the effective functioning of the program. It is a requirement in terms of facilities equipment's and personnel are established by authority, research and general consent." A committee on National plan of physical of physical education health education and recreation suggests, "A good program of physical education requires varied equipment of sufficient quantity of use of different kinds of skills mastery over a variety of skills it must be remember is one of the objectives of physical education and this facilities when equipment is ample." b) Play Grounds Govindarajulu says "We need more play fields, and then only we help to the creation of high standards none merely spaced." Webster says "One essential of healthy living is the maintenance or the provision of open spaces that will be using the facilities at peak load." Dr. V.K.R.V.Rao asserts that, "Any talk of promotion of physical education and sports without proper play grounds was non-sense." William and Morrison sum up that "Gymnasia, polls and play fields are essential in modern civilization. The gymnasium along with its equipments serves as a place where skills may be learned by young people and they enjoy physical and recreational activities. The sense of physical well being is much felt by one who leaves the gymnasting game, or dancing, followed by shower." c) Equipment A committee on National plan of physical education health education and recreation suggests "A good program of physical education requires various equipments in sufficient quantity use of different kinds of equipment is necessary for different kinds of skills. Mastery over a variety of skills of must be remembered is one of the objectives of physical education and this is facilitated when equipment is ample." Hughes and French while "Classifying various equipment indicate that, personal equipment such as customer, towels, soap, lock, basket and lockers, game equipment, such as bats, balls, gloves, and marks, gymnastic apparatus such as parallel bars , horizontal bars , roman rings and mats and trainees, equipment such as first aid supplies, furniture are needed is most of the colleges for effective functioning of the physical education program."

#### 5 d) Physical Education Personnel

It has been known all that the staffs of physical education are the personnel to carry a program. The program may be divided into three 1. Staff 2.Finance and 3. Facilities. These constituents make the program effective, successful and consistent. Humphrey states "One of the most important single factors in establishing a well balanced program of activities is that of teaching personnel."

#### 6 e) Finance

The budget and the financial management of the department is one of the most important duties of the physical educational personnel in an institution.

## III.

### 8 Methodology Implemented

The purpose of the study was to survey the existing facilities available in the Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. The programme in physical education might be formulated. In order to achieve this purpose 6 institutions were surveyed. To facilitate this, the investigator had confined him self to the survey method based on a questionnaire to collect the data. The investigator, in consultation with his advisor and repressing the books and previous similar investigators, prepared a preliminary questionnaire. This

was reviewed by teachers in the files of physical education. After implementing the suggestions given by them, the questionnaire was rearranged and finalized discarding the items unsuitable for the study.

Then the printed questionnaire may send to the Government Jr. Colleges. Some of the copies were personally handed over to the physical directors of the Government Jr. Colleges to collect data for analysis.

## IV. Analysis and Data Interpretation

The purposes of the present study were to find out the existing physical education facilities in the Govt. Junior College, Seethampeta in Srikakulam District. To facilitate the study, the questionnaire method was adopted. The Government Junior Colleges are spread in 4 areas namely Palakonda, Kothuru, Rajam. 2 colleges are in Srikakulam, 2 colleges are in kothuru area and 1 college in srikakulam are and 1 college in Rajam area V.

## Findings & Recomendations

The

## Conclusion

Physical Education is an important aspect of general education. Physical Education acts as an antidote to student’s unrest all over the world by providing varied games, sports and physical education facilities, available in physical education colleges in order to implement the planned programme for the benefit of trainees. Facilities are essentially the contributing factor for the successful implementation of physical education programmes. To facilitate the same, the questionnaire technique was adopted and the data were collected from 6 Govt. Junior colleges in Srikakulam District. All the 6 Govt., Junior Colleges are Surveyed, out of 6 colleges, 3 are co-educational colleges, 2 for girls colleges and 1 for boys college.

1

Area	Number of Institu- tions	Percentage
Srikakulam	2	33.32
Kothuru	2	33.32
Rajam	1	16.66
Palakonda	1	16.66
Total	6	100

[Note: A]

Figure 1: Table 1 :

2

Year of Establishment	Number of Colleges
1982-87	2
1987-92	1
1992-97	1
1997-2002	2
Total	6

Figure 2: Table 2 :

<sup>1</sup>© 2013 Global Journals Inc. (US)The Job Satisfaction of Physical Education Teachers in Srikakulam District

<sup>2</sup>© 2013 Global Journals Inc. (US)

<sup>3</sup>2 9

## 11 CONCLUSION

---

3

Location	: location of the Institution
City/Town	Number of Institutions
City/Town	6
Village	-
Total	6

Figure 3: Table 3

4

Category	Number of Institutions
Co-Educational	3
For Girls	2
For Boys	1
Total	6

Figure 4: Table 4 :

5

Strength	Number of Institutions
0-600	4
600-1200	1
1200-1800	1
Total	6

Figure 5: Table 5 :

6

Particulars of the Play Ground	One Court/Ground	More than One Court	Total
Volley ball Court	6	-	6
Basket ball Court	-	-	-

Figure 6: Table 6 :

7

Particulars of the Field	Number of Colleges
400 mts. Track	-
200 mts. Track	3
High Jump Pits	6
Long Jump Pits	6
Throwing Circles	6
Permanent Throwing circles	-

Figure 7: Table 7 :

Particulars	Number of Colleges
Swimming Pool	-
Gymnasium	-
Equipment rooms	5
Resting room	2

Figure 8: Table 8 :

Year	Particulars of Athletic equipments	Colleges having More than one Equipment	One Equipment	Total	Percentage	Particulars
2013	Starting Blocks	-	-	-	-	Starting Blocks
2013	Starting Gun	2	4	2	33.32	Starting Gun
2013	Stop Watches	-	1	5	83.3	Stop Watches
2013	Measuring Tapes	-	-	6	100	Measuring Tapes
2013	Judges Stand	-	-	-	-	Judges Stand
2013	Hurdles	-4	2	-4	-	Hurdles
2013	Relay baton	5	3	2	66.64	Relay baton
2013	Shots 16 lbs	-4	4	6	33.32	Shots 16 lbs
2013	Cross bars	3	2	3	100	Cross bars
2013	High jump up right	-	2	6	49.98	High jump up right
2013	Take off boards	-	1	-5	100	Take off boards
2013	Pole vault	-	1	6	-83.3	Pole vault
2013	Discuss a. b.	-	6	4	100	Discuss a. b.
2013	Javelin a. b.	-	6	3	66.64	Javelin a. b.
2013	Men Pins	-	4	6	49.98	Men Pins
2013	Women Pins	-	6	6	100	Women Pins
2013	for marking	-	-	4	100	for marking
2013	Whistle	-	-	6	66.64	Whistle
2013	Skiping ropes	-	-	4	100	Skiping ropes
2013	Score sheet	-	-	6	100 -	Score sheet
2013	Signal Flag	-	4	4	66.64	Signal Flag
2013	Victory Stand	-	-	-	-	Victory Stand
2013	Referees Stand	-	-	-	-	Referees Stand

Figure 9: Table 9 :

13

Name of the Game	Number of Colleges
Volley ball	6
Kabbadi	6
Kho-Kho	5
Ball Badminton	6
Shuttle Badminton	5
Cricket	2
Tennikoit	5
Throw ball	3
Track & Field Events	5

Figure 10: Table 13 :

VI.

Figure 11:

- 
- [Williams and Morrison (ed.)] , J F Williams , W R Morrison . Op.Cit., P.178. 11. William and Bronell, OP.Cit (ed.) p. 285.
- [Dr and Joseph ()] , P M Dr , Joseph . *Organisation of Physical Education* Old Student Association, T.I.P.E (ed.) 1956. p. 57.
- [Humphrey ()] , James H Humphrey . *Elementary School Physical Education* 1958. Harper and Brothers. p. 31.
- [Dr and Thomas ()] , P J Dr , Thomas . *Organisation of Physical Education* 1967. Madras : Gnanodaya Press. p. 65.
- [Forsythe ()] *Administration of Physical Education*, Charles E Forsythe , RayO , Duncan . P.73. 1954. New York: Prentice Hall, Inc.
- [Author's Guide, A National Plan of Physical Education and Recreation ()] *Author's Guide, A National Plan of Physical Education and Recreation*, 1956. New Delhi: Ministry of Education, Government of India. p. 33.
- [Author's Guide, Guide to Excellence for Physical Education in (1971)] *Author's Guide, Guide to Excellence for Physical Education in*, April,1971. p. 15. Colleges and University Jotiper
- [Author's Guide, The readers digest Encyclopedia Dictionary ()] *Author's Guide, The readers digest Encyclopedia Dictionary*, P.13. 1964. London. (The readers association Ltd)
- [Captain and Webster ()] F A Captain , Webster . P.234. *Sports Grounds and buildings*, (London, Sir Issac) 1940. Pitman and Sons Ltd.
- [Dr et al. (ed.) (1907)] V K R V Dr , Rao . *Ingularal Speech, Vyayam*, Y M C A The Alomini Association, Madras (ed.) November, 1907. p. 11.
- [Harry et al. ()] *From Programmes to Facilities in Physical Education*, A Harry , Richard S West Scott , Kaemper . P.26. 1958. New York: Harper and Brother Publishers.
- [Sharman (ed.) ()] *Introduction to Physical Education*, Jackson R Sharman . A.S.Burnes and Co. (ed.) 1934. New York. p. 147.
- [Singh ()] *Organisation and Administration of Physical Education and research*, Serjan Singh . P.18. 1963.
- [Nash et al. ()] *Physical Education Organisation and Administration*, Jay B Nash , Francis M Monanch , Jaannattee B Saurborn . 1951. New York: The Ronald Press company. p. 377.
- [Govindarajalu ()] *Sports and games in the third plan Vyayam*, L L Govindarajalu . P.9. 1960.
- [Williams et al. ()] *The Administration of Physical Education*, Leonard Williams , Easter Hughers , French . 1954. New York: the Ronald Press Co. p. 281.
- [Leslis and Irwin ()] *The curriculum in Health and Physical Education, Lst. Louis, the C.V*, W Leslis , Irwin . 1951. Mosby Co. p. 56.