

Mental Health Initiativeness in Edmonton's Educational Institute

Ananda Majumdar¹

¹ University of Alberta

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7 Abstract

8 City of Edmonton, Alberta, Canada Mental Health program designed through various
9 organizations such as the University of Alberta, Edmonton Public and Catholic School Board
10 for students, staffs and community people. I focused on student mental health initiatives in
11 Edmonton as a university student. The University of Alberta Mental Health Program has
12 been designed through various service providers such as Wellness Services, Peer Group,
13 Education Clinical Services, Aboriginal Student Group, Interfaith Religious Services, Sexual
14 Assault Services etc. they are working for university students, staffs and faculty members
15 including community people through their various programs such as;

17 ***Index terms—***
18 Therefore, Mental Health Initiatives through School Boards and the of Alberta are in full swing by the help of
19 Alberta Government. The issue is, are we still getting success to reduce mental health problem within student
20 communities? Through my interviews, I have observed of its mixture opinion from the Citizens, Coordinators,
21 and Principles etc. Coordinators and Principles are hopeful through their designed program but Citizens have
22 questions. Some interviewers questioned on Government willingness, are they really going to be succeed to wipe
23 out "Mental Health" problem? One of my question was, on the eve of Canada's 150 years in 2017, "Is Canada
24 going to be Mental Health Problem Free Country in 2017"? Can we give this gift to Canada on her 150 years'
25 anniversary? I received negative answer from our Citizens but positive answer from School authorities. However,
26 to the conclusion, I would say, I am also hopeful that Canada finally be "Mental Health Problem Free Country"
27 in 2017 if we really work on it seriously.

Relationships etc. This is a spectacular University of Alberta Mental Health Program to securing students, staff and faculty member mentally for their healthy campus life both mentally and physically. Edmonton Public School Board and Edmonton Catholic School Board designs their Mental Health Initiatives for all Elementary Students (K-2 to K6) for their healthy life through various developmental activities collaborating with Alberta health Services, School are among them that are following those initiatives indicated by EPSB with various Governmental Mental Health Program Edmonton Catholic Services Board Program has broader program initiative on Mental Health than EPSB collaborating with Government and various non-profit organizations such as Pan-Canadian Joint Consortium for School Health guided by World Health Organization Ottawa Charter for Health Promotion in 1986, Child/Adolescent Mental Health (CASA), Glenrose Hospital, Alberta Teacher Association etc. Some of their programs are, A Safe Caring, Nurturing Learning Environment, Religious Education, School -Based Guidance Counselor, Inclusive Support Team, Family School Liaison Worker, Mental health Therapists Regional Collaborative Service Delivery, School Mental Health Consultation and Liaison Nurses, Early Learning Program, Critical Response Team, Family School Liaison Social Worker, Special Program for K2-6 students such as "11 Lesson Plan", Be Kind to Yourself and Others, Special Education Program such as Community Learning Skill, Individual Support Etc.

Figure 1: