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Mental Health Initiativeness in Edmonton' S Educational Institute

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Introduction- City of Edmonton, Alberta, Canada Mental Health program designed through various organizations such as the University of Alberta, Edmonton Public and Catholic School Board for students, staffs and community people. I focused on student mental health initiatives in Edmonton as a university student. The University of Alberta Mental Health Program has been designed through various service providers such as Wellness Services, Peer Group, Education Clinical Services, Aboriginal Student Group, Interfaith Religious Services, Sexual Assault Services etc. they are working for university students, staffs and faculty members including community people through their various programs such as;

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I. Introduction

City of Edmonton, Alberta, Canada Mental Health program designed through various organizations such as the University of Alberta, Edmonton Public and Catholic School Board for students, staffs and community people. I focused on student mental health initiatives in Edmonton as a university student. The University of Alberta Mental Health Program has been designed through various service providers such as Wellness Services, Peer Group, Education Clinical Services, Aboriginal Student Group, Interfaith Religious Services, Sexual Assault Services etc. they are working for university students, staffs and faculty members including community people through their various programs such as; Therapy Groups 2015, Mindful Approach of Depression, Break Up Boot Camp, Graduate Student Support Group, Mindful Yoga for Peace of Mind by Mindfulness, Mediation and Motion, Unwind Your Mind, Social Anxiety and Shyness, Supporting Healthy Eating, Worrying That Works, Wellness Walks, Free Drop-In Workshop, Educational Workshop, Sexual Assault Awareness Week, QPR Training, Community Helpers Programs by Community Social Work Team, Safe Walk, Offering Personal, Family and Couples Counseling for Children's, Adolescents and Adults, Offering Psycho-Educational, Psychological, Career and Personality Assessments, Prevent Suicide Awareness Day which is called Blue Monday, Postings Mental Health Issues on the wall, Drop in Anonymous Crisis for emergency , Psychological Services for long term therapy. These are various programs that university of Alberta provides through various service providers. They are all well equipped with trained volunteers and staffs collaborating with Alberta Human Services, Alberta health Services and Alberta Education. Through collaboration with Government, those mental health organizations are learning on, Respecting Cultural Diversity, Watch and Listen, Bullying Prevention in Sports, Respecting Aboriginal People, Adult Issues, and Family Violence Issues, Abuse of Persons with Disabilities such as destructive behavior, Child Abuse such as neglect, emotional injury, Healthy Relationship such as value themselves and each other, Women Abused in Intimate Relationships such as emotional pain, pushing hitting, Abuse in Same-Sex and LGBTQ Relationships etc. This is a spectacular University of Alberta Mental Health Program to securing students, staff and faculty member mentally for their healthy campus life both mentally and physically. Edmonton Public School Board and Edmonton Catholic School Board designs their Mental Health Initiatives for all Elementary Students (K-2 to K6) for their healthy life through various developmental activities collaborating with Alberta health Services, Alberta Education, Alberta Human Services and with various non-profit organization such as YMCA, Bissell Centre, John Howard Society, Terra Group Centre, Hope Mission, YWCA etc. Edmonton Public School Board Program has Specialized Program for Emotional or Behavioral Challenges such as Young offender's, Severe Emotional behavior, Special Education Needs such as Behavior and Learning Assistance, Deaf and Hard of Hearing, French Immersion Strategies, Individual Support, Interactions, No Homophobes, Ok to be me, Blog 9 – LGBTQ, etc. There are several elementary schools in Edmonton under Edmonton Public School Board are also following their Mental Health Initiatives for their students, Park View Elementary School, Jasper Place School are among them that are following those initiatives indicated by EPSB with various Governmental Mental Health Program Edmonton Catholic Services Board Program has broader program initiative on Mental Health than EPSB collaborating with Government and various non-profit organizations such as Pan-Canadian Joint Consortium for School Health guided by World Health Organization Ottawa Charter for Health Promotion in 1986, Child/Adolescent Mental Health (CASA), Glenrose Hospital, Alberta Teacher Association etc. Some of their programs are, A Safe Caring, Nurturing Learning Environment, Religious Education, School -Based Guidance Counselor, Inclusive Support Team, Family School Liaison Worker, Mental health Therapists Regional Collaborative Service Delivery, School Mental Health Consultation and Liaison Nurses, Early Learning Program, Critical Response Team, Family School Liaison Social Worker, Special Program for K2-6 students such as "11 Lesson Plan", Be Kind to Yourself and Others, Special Education Program such as Community Learning Skill, Individual Support Etc. Therefore, Mental Health Initiatives through School Boards and the of Alberta are in full swing by the help of Alberta Government. The issue is, are we still getting success to reduce mental health problem within student

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communities? Through my interviews, I have observed of its mixture opinion from the Citizens, Coordinators, and Principles etc. Coordinators and Principles are hopeful through their designed program but Citizens have questions. Some interviewers questioned on Government willingness, are they really going to be succeed to wipe out "Mental Health" problem? One of my question was, on the eve of Canada's 150 years in 2017, "Is Canada going to be Mental Health Problem Free Country in 2017"? Can we give this gift to Canada on her 150 years' anniversary? I received negative answer from our Citizens but positive answer from School authorities. However, to the conclusion, I would say, I am also hopeful that Canada finally be "Mental Health Problem Free Country" in 2017 if we really work on it seriously.

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An Analysis of Metadiscourse in the Abstracts of English Academic Papers

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Abstract- As an important part in academic writing, meta discourse has got considerable attention in recent years. Abstract plays an important role in academic writings and it reflects the main contents of the whole papers. Based on the theory of metadiscourse and the classifications of Hyland, this study compared the different frequency and usage of metadiscourse in mathematical and linguistic academic papers. Two small abstracts corpora were compiled in this study including 30 mathematical and 30 linguistic abstracts of academic papers from Social Science Citation Index (SSCI) and Science Citation Index (SCI) journals. The results showed that there appeared more metadiscourse in the abstracts of linguistic academic papers than mathematical academic papers. Interactive meta discourse was adopted more than interactional metadiscourse in abstracts of the two disciplines. In the use of interactive meta discourse, both disciplines demonstrated the same trends in the frequencies of five sub-categories. Regarding interactional metadiscourse, hedges were the most frequently used meta discourse markers in linguistic academic papers while self mentions were most frequently used in mathematics. It is suggested that more interactive meta discourse should be used in abstracts of both arts and science academic papers.

Keywords: *abstract, metadiscourse, academic writing.*

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