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The Job Satisfaction of Physical Education Teachers in Srikakulam District

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Abstract- Physical Fitness is the capacity to carry out responsible vigorous physical activity and includes qualities is pertain to the individual health and well being. Physical fitness improves the general fitness, health, organic functioning capacity, strength, stability of muscular and skeleton system etc. Physical Fitness is the basic criteria for every individual in the society. To lead a successful life an individual has to undergo fitness programmes for sportsman. Facilities are the most essential need for any programme in the education field. Laboratories and good libraries have become essential for importing scientific knowledge. Since physical education fields and other equipments become essential for successful implementation of its programmes. Physical Education Programme can succeed only through proper organization requires the following Finance, Equipment and facilities, Personnel and so on.

Keywords: *teacher, physical education, junior, boys.*

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The Job Satisfaction of Physical Education Teachers in Srikakulam District

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Abstract- Physical Fitness is the capacity to carry out responsible vigorous physical activity and includes qualities is pertain to the individual health and well being. Physical fitness improves the general fitness, health, organic functioning capacity, strength, stability of muscular and skeleton system etc. Physical Fitness is the basic criteria for every individual in the society. To lead a successful life an individual has to undergo fitness programmes for sportsman. Facilities are the most essential need for any programme in the education field. Laboratories and good libraries have become essential for importing scientific knowledge. Since physical education fields and other equipments become essential for successful implementation of its programmes. Physical Education Programme can succeed only through proper organization requires the following Finance, Equipment and facilities, Personnel and so on . Equipment and facilities are very essential for the successful condition of the Physical Education Programme. Facilities are essentially the contributing factor for the successful implementation of physical education programmes. To facilitate the same, the questionnaire technique was adopted and the data were collected from 6 Govt. Junior colleges in Srikakulam District. All the 6 Govt., Junior Colleges are Surveyed, out of 6 colleges, 3 are co-educational colleges, 2 for girls colleges and 1 for boys college.

Keywords: teacher, physical education, junior, boys.

I. Introduction

"Games" Physical Fitness is the basic criteria for every individual in the society. To lead a successful life an individual has to undergoes fitness programmes for sportsman. Fitness is the latest buzzword in the society. Be it man or women, be it old or young every one wants to be fit. Fitness is very essential requisite of sports. A sports man, not only should be physically fit, but also remain for throughout his career. Fitness is the ability to respond to life's physical, emotional and social demands. So as to lead a high quality of life. In other words, it is a balance between different body systems. Physical fitness is defined in terms of aerobic activity which depends on the ability of human system to deliver and use oxygen. An educated individual in physically fit, mentally alert, intellectually sharp, emotionally physical well being is an important factor for an individual. The present Concept of Physical well being is not only freedom from diseases, but also to have endurance and skill to meet the demands of daily life and sufficient reserve to with stand stress and strain. However, educational planners and administrations have failed to give due importance to physical fitness in the educational programmes. One has to be physical fit to carry out one's duties to the self, the society and the nation efficiency. Physical activities greatly contribute to the mental and physical health of the individual. Activities of physical education and games bring emotional and social maturity and health adjustment among pupils. Facilities are the most essential need for any programme in the education field. Laboratories and good libraries have become essential for importing scientific knowledge. Since physical education fields and other equipments become essential for successful implementation of its programmes.

In this paper our investigation is an attempt to study the existing physical education facilities available in Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. It is hypothesized that The Govt College P.D may not Satisfied with their job because the facilities will not be good in Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. The survey will be conducted only in urban area Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. The Survey will be conducted only in 6 institutions in the urban areas of Srikakulam District. The survey is conducted only with regard to physical education facilities in the Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh.

II. Review of Related Literature

To Physical Education properly organized and adequately supervised contributes to the goal of general education. Physical education is considered as an integral part of general education. Facilities are an important part in a program of physical education. Facilities are of various kinds. Their necessity and utility depend upon the nature of the program, administrative policy of the institutions needs and interests of the students of and administrators.

a) Facilities

The importance of adequate facilities for a successful program of physical education in colleges cannot be the other over stated. Joseph's says

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"Physical education requires facilities in the form of play fields, Gymnasium and where possible swimming pool." Thomas states standard in physical education may be defined as the minimum requirement for the effective functioning of the program. It is a requirement in terms of facilities equipment's and personnel are established by authority, research and general consent." A committee on National plan of physical of physical education health education and recreation suggests, "A good program of physical education requires varied equipment of sufficient quantity of use of different kinds of skills mastery over a variety of skills it must be remember is one of the objectives of physical education and this facilities when equipment is ample."

b) Play Grounds

Govindarajalu says "We need more play fields, and then only we help to the creation of high standards none merely spaced." Webster says "One essential of healthy living is the maintenance or the provision of open spaces that will be using the facilities at peak load." Dr. V.K.R.V.Rao asserts that, "Any talk of promotion of physical education and sports without proper play grounds was non- sense." William and Morrison sum up that "Gymnasia, polls and play fields are essential in modern civilization. The gymnasium along with its equipments serves as a place where skills may be learned by young people and they enjoy physical and recreational activities. The sense of physical well being is much felt by one who leaves the gymnasting game, or dancing, followed by shower."

c) Equipment

A committee on National plan of physical education health education and recreation suggests "A good program of physical education requires various equipments in sufficient quantity use of different kinds of equipment is necessary for different kinds of skills. Mastery over a variety of skills of must be remembered is one of the objectives of physical education and this is facilitated when equipment is ample." Hughes and French while "Classifying various equipment indicate that, personal equipment such as customer, towels, soap, lock, basket and lockers, game equipment, such as bats, balls, gloves, and marks, gymnastic apparatus such as parallel bars , horizontal bars , roman rings and mats and trainees, equipment such as first aid supplies, furniture are needed is most of the colleges for effective functioning of the physical education program."

d) Physical Education Personnel

It has been known all that the staffs of physical education are the personnel to carry a program. The program may be divided into three 1. Staff 2.Finance and 3. Facilities. These constituents make the program effective, successful and consistent. Humphrey states "One of the most important single factors in establishing a well balanced program of activities is that of teaching personnel."

e) Finance

The budget and the financial management of the department is one of the most important duties of the physical educational personnel in an institution.

III. Methodology Implemented

The purpose of the study was to survey the existing facilities available in the Govt. Junior College, Seethampeta in Srikakulam district, Andhra Pradesh. The programme in physical education might be formulated. In order to achieve this purpose 6 institutions were surveyed. To facilitate this, the investigator had confined him self to the survey method based on a questionnaire to collect the data. The investigator, in consultation with his advisor and repressing the books and previous similar investigators, prepared a preliminary questionnaire. This was reviewed by teachers in the files of physical education. After implementing the suggestions given by them, the questionnaire was rearranged and finalized discarding the items unsuitable for the study.

Then the printed questionnaire may send to the Government Jr. Colleges. Some of the copies were personally handed over to the physical directors of the Government Jr. Colleges to collect data for analysis.

IV. Analysis and Data Interpretation

The purposes of the present study were to find out the existing physical education facilities in the Govt. Junior College, Seethampeta in Srikakulam District. To facilitate the study, the questionnaire method was adopted. The Government Junior Colleges are spread in 4 areas namely Palakonda, Kothuru, Rajam. 2 colleges are in Srikakulam, 2 colleges are in kothuru area and 1 college in srikakulam are and 1 college in Rajam area

Table 1: number of institution taken for study

Area	Number of Institutions	Percentage
Srikakulam	2	33.32
Kothuru	2	33.32
Rajam	1	16.66
Palakonda	1	16.66
Total	**6**	**100**

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Table 2 : Year of Establishment

Year of Establishment	Number of Colleges
1982-87	2
1987-92	1
1992-97	1
1997-2002	2
Total	**6**

Table 3 : location of the Institution

Location	Number of Institutions
City/Town	6
Village	-
Total	**6**

Table 4 : Type of Institution

Category	Number of Institutions
Co-Educational	3
For Girls	2
For Boys	1
Total	**6**

Table 5 : Strength of Institution

Strength	Number of Institutions
0-600	4
600-1200	1
1200-1800	1
Total	**6**

Table 6 : Play Fields

Particulars of the Play Ground	One Court/Ground	More than One Court	Total
Volley ball Court	6	-	6
Basket ball Court	-	-	-
Tennis Court	-	-	-
Kho-Kho Field	4	-	4
Kabbadi Court	4	-	4
Net Ball Court	-	-	-
Tennikoit Court	3	2	5
Throw Ball Court	4	-	4
Ball Badminton Court	4	1	5
Shuttle Badminton Court	4	1	5
Hockey Field	-	-	-
Cricket Ground	2	-	2
Foot Ball Field	-	-	-
Soft Ball Dimension	1	-	1

Table 7 : Particulars of Athletic Fields

Particulars of the Field	Number of Colleges
400 mts. Track	-
200 mts. Track	3
High Jump Pits	6
Long Jump Pits	6
Throwing Circles	6
Permanent Throwing circles	-

Table 8 : Permanent Facilities

Particulars	Number of Colleges
Swimming Pool	-
Gymnasium	-
Equipment rooms	5
Resting room	2

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Table 9 : Athletic Equipment

Particulars of Athletic equipments	Colleges having			Percentage
	One Equipment	More than one Equipment	Total	
Starting Blocks	-	-	-	-
Starting Gun	2	-	2	33.32
Stop Watches	4	1	5	83.3
Measuring Tapes	5	1	6	100
Judges Stand	-	-	-	-
Hurdles	-	-	-	-
Relay baton	-	-	-	-
Shots 16 lbs	4	-	4	66.64
12 lbs	2	-	2	33.32
8 lbs	5	1	6	100
Cross bars	3	-	3	49.98
High jump up right	6	-	6	100
Take off boards	-	-	-	-
Pole vault box	-	-	-	-
Discuss a. Men	4	1	5	83.3
b. Women	4	2	6	100
Javelin a. Men	3	1	4	66.64
b. Women	2	1	3	49.98
Pins for marking	-	6	6	100
Whistle	-	6	6	100
Skipping ropes	-	4	4	66.64
Score sheet	-	6	6	100
Signal Flag	-	4	4	66.64
Victory Stand	-	-	-	-
Referees Stand	-	-	-	-

Table 10 : Gymnasium Equipment

Particulars of Gymnasium equipment	College having	
	Only One	More than One
Parallel Bars	-	-
Horizontal Bars	-	-
Mats	-	-
Support Belts	-	-
Spring Boards	-	-

Table 11: Equipments for Major Games

Equipment for major games	Colleges having			Percentage
	Only one	More than One	Total	
Basket ball boards	-	-	-	-
Basket ball rings	-	-	-	-
Net ball rings	-	-	-	-
Table Tennis	-	-	-	-
Basket balls	-	-	-	-
Basket ball ring net	-	-	-	-
Volley balls	-	5	5	83.3
Volley ball Net	3	3	6	100
Foot balls	-	4	4	66.64
Foot ball goal net	-	-	-	-
Foot ball goal posts	-	-	-	-
Soft balls	-	1	1	16.66
Soft ball gloves	-	-	-	-
Base plates	-	-	-	-
Hockey Sticks	-	2	2	33.32
Hockey balls	-	2	2	33.32
Goal Keeper pads	1	-	1	16.66
Goal Boards	-	-	-	-
Goal Nets	-	-	-	-

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Ball Badminton Rocket	-	5	5	83.3
Ball Badminton net	5	1	6	100
Shuttle cocks	5	1	6	100
Shuttle nets	5	1	6	100
Table Tennis balls	-	-	-	-
Table Tennis Net	-	-	-	-
Table Tennis rocket	-	-	-	-
Tennis balls	-	-	-	-
Tennis net	-	-	-	-
Cricket balls	-	4	4	66.64
Cricket bats	1	3	4	66.64
Cricket stumps	1	4	4	66.64
Cricket Batting pads	1	3	4	66.64
Cricket batting gloves	2	2	4	66.64
Wicket Keeping gloves	3	1	4	66.64
Boundary flags	-	1	1	16.66
Throw balls	2	2	4	64.66
Sluggers	-	-	-	-
Tennikoit rings	-	6	6	100
Tennikoit nets	5	1	6	100
Net balls	-	-	-	-
Net ball nets	-	-	-	-
Volley ball antenna	1	2	3	49.98
Chest numbers	-	6	6	100
Kho-Kho posts	2	2	4	66.64

Table 12 : Audio – Visual Aids

Particulars of the Audio-Visual Aids	Only one	More than one
Amplifier	4	-
Mikes	3	1
Radio	4	-
Band Set	1	-
T.V.	4	-
Notice board	6	-
Charts various sports and games	4	-
Sports magazines	1	1
Journals	-	-

Table 13 : Intramural Programmes (games)

Name of the Game	Number of Colleges
Volley ball	6
Kabbadi	6
Kho-Kho	5
Ball Badminton	6
Shuttle Badminton	5
Cricket	2
Tennikoit	5
Throw ball	3
Track & Field Events	5

V. Findings & Recomendations

The Government Junior Colleges are spread in 4 areas, namely Srikakulam, Kothuru, palakonda and Rajam. 2 Colleges are in Srikakulam, 2 Colleges are in Kothuru and 1 College in Palakonda and 1 college in Rajam. The study was conducted only in urban areas in Srikakulam District. The year of establishment of Government Junior Colleges varied from 1982 to 2002. The strength of the colleges varied from 182 to 1352. All the 6 Government Junior Colleges are having Physical Directors. Out of 6, one college is having Women Physical Director. There are no any qualified markers and no college using ground boys. All physical directors are doing classroom teaching. There is no N.C.C. in these colleges. Regarding fields is courts 6 colleges are having Volley ball and Shuttle Badminton Courts and Kabbadi, Tennikoit and Ball Badminton Courts are in 5 colleges and Throw ball and Kho-Kho fields are in 4 colleges, and cricket ground in 2 colleges and Soft ball Dimension is in 1 College. Basket ball, Tennis, Net Ball courts and Hockey and Foot ball Fields are not there any colleges. All the 6 colleges are not having 400 mts

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track, 3 colleges are having 200 mts track and all colleges are having High Jump and Long Jump Pits and Throwing Circles. Indoor Facilities like Caroms and Chess game facilities available in only 4 colleges. All the 6 colleges are not having Swimming pool and Gymnasium facilities. Equipment rooms are in 5 colleges and resting rooms are in 2 colleges. It may be noted that equipment like starting gun, shots 12 lbs., cross bars and Javelin Women are available only in less than 55% of the colleges.

Shots 16 lbs, Javelin men, Skipping ropes and Signal Flags are available only in less than 70% of the colleges. Whereas equipment like stop watches, and Discuss men are available only in more than 80% of the colleges. Whereas equipments like measuring tapes, relay baton, shots 8 lbs, High Jump upright, Discuss Women, Pins for marking, whistle and score sheets are available in all the 6 colleges. All the 6 colleges are not having equipments like starting blocks, judge's stand, hurdles, take of boards, pole vault box, victory stand and referee's stand. All the 6 colleges are not having any equipments for major games like, Basket balls, boards, rings, Net ball rings, Table Tennis Table, Basket balls, Basket ball ring net, Foot ball goal net, goal posts, soft ball gloves, Base plates, Hockey goal boards, goal nets, Table Tennis balls, Table Tennis net, Tennis rocket, Tennis ball, tennis net, sluggers, net balls and net ball nets. Soft balls, Hockey goal keeper pads, boundary flags, Hockey sticks, Hockey balls and Volley ball antenna are available only in less than 55% of the colleges.

Whereas equipments like Foot balls, Cricket balls, Cricket bats, Cricket Stumps, Cricket batting pads, batting gloves, keeping gloves throw balls and Kho-Kho posts are available only in less than 75% of the colleges. Volley ball's and Ball Badminton rockets are available only in more than 8% of the colleges. Whereas equipments like volley ball net, ball badminton net, shuttle cocks, shuttle nets, Tennikoit rings, Tennikoit nets and chest numbers are available in all the 6 colleges. 4 colleges are having amplifier out of 6 colleges and 3 colleges are having mikes and 4 colleges are having Radio, and only one college is Band set out of 6 colleges. 4 Colleges are having T.V. and all the 6 colleges are having notice boards and 4 colleges are having charges various sports and games and one college is having sports magazines and all the 6 colleges are not having journals. Above 80% colleges are conducting intramural programmes. All colleges are having sufficient amount to conduct annual tournaments. All colleges are having sanitary facilities like rooms, water taps and lavatory.

1. All colleges should be provided with sufficient play grounds, so that all major games may be played.
2. Journals, Sports Magazines and Charts various sports and games should available for students.
3. Facilities for indoor games should be provided in each college.
4. Facilities for track and field events may be increased.
5. Athletic equipments are in Government Junior Colleges are not sufficient.
6. Major games equipments in Government Junior Colleges are not sufficient.
7. Audio Visual equipments should be fully utilized to create interest among pupils in sports and games.
8. Money allotted for intramurals and Extramural should be improved.
9. All Government Junior Colleges should be take steps to utilize the services of specialties and coaches provided by the sports council.
10. The physical Directors should take effective steps to conduct intramurals and Extramurals every year without fail.
11. The parent association renders help only to academic side. It should also give equal importance to Physical Education.
12. Gymnasium equipment should be provided for Government Junior Colleges in order to improve the physical fitness of students.
13. Appoint markers in Government Junior Colleges.
14. Appoint ground boys in Government Junior Colleges.

VI. Conclusion

Physical Education is an important aspect of general education. Physical Education acts as an anti-dote to student's unrest all over the world by providing varied games, sports and physical education facilities, available in physical education colleges in order to implement the planned programme for the benefit of trainees. Facilities are essentially the contributing factor for the successful implementation of physical education programmes. To facilitate the same, the questionnaire technique was adopted and the data were collected from 6 Govt. Junior colleges in Srikakulam District. All the 6 Govt., Junior Colleges are Surveyed, out of 6 colleges, 3 are co-educational colleges, 2 for girls colleges and 1 for boys college.

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